



Mobile Unit & Team-Based Care

Christine Foxwell, LPN

"Bringing Healthcare to People"

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Introduction & Christine's Story





Meet Christine Foxwell

LPN Charge Nurse at Bayhealth
Occupational Health & Walk-In, Milford
and Total Care Milton. "There is a place
for you in healthcare if you are willing to
learn, work hard, and care about making
a difference."

Occupational Health

Employee Health

Walk-In Care

Mobile Health Services



Audience Poll

Why Are You Interested in Healthcare? Select the option that best represents your interest or career curiosity!

Nursing

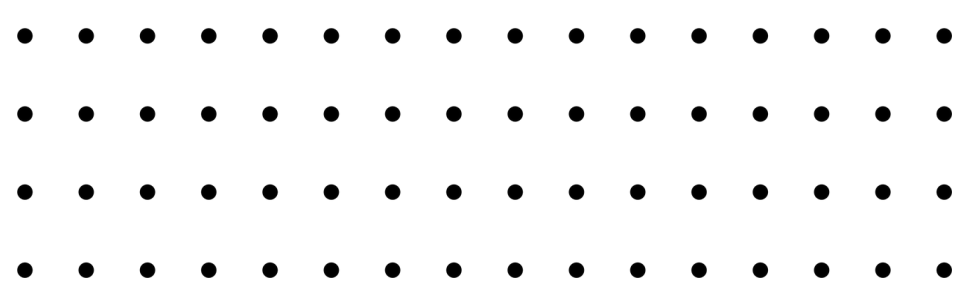
Medicine

Physical Therapy

Public Health

Dentistry

Not Sure Yet

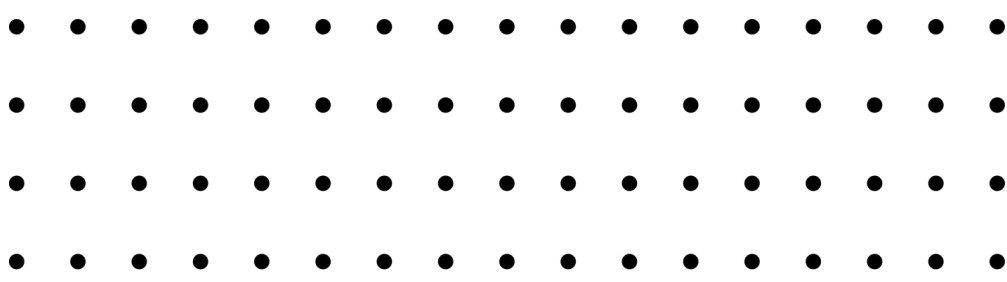


The Moment That Started My Journey

My grandfather — Pop-Pop Soupy — suffered a stroke caused by dangerously high blood sugar. Watching him struggle and seeing our family rally around him changed everything for me. That moment became my first WHY: a deep calling to understand health, prevent illness, and care for others the way he was cared for.



Family is the heart of purpose
Every patient has a story like his



My Career Journey

Every great career starts with a single step.
Christine's path in healthcare was shaped by
dedication, continuous learning, and a passion for
making a difference in patients' lives.

Daycare Teacher — where it all began

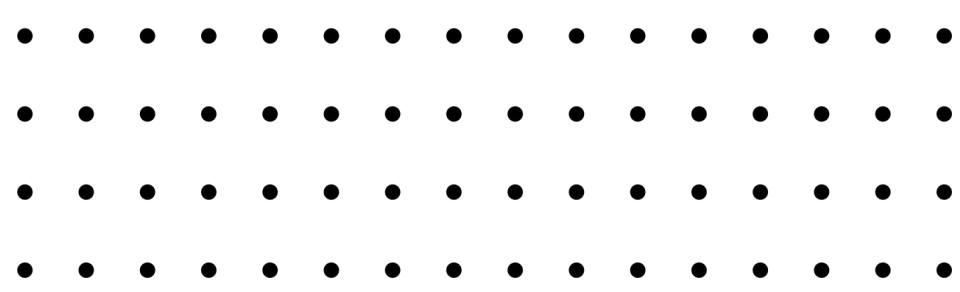
CNA Student — committing to healthcare

Certified Nursing Assistant — hands-on patient care

Licensed Practical Nurse — expanding clinical skills

Charge Nurse — leading with compassion

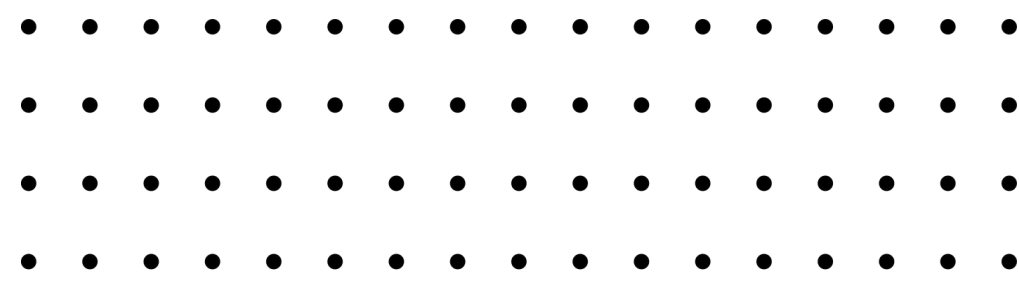




CPR Saved a Life

While working in a daycare, I used CPR and first aid skills to save a toddler who was choking. In that critical moment, training became action — and a life was saved. It was a powerful reminder that healthcare skills matter everywhere, not just in a clinic or hospital.

You are never too young to learn lifesaving skills
Every setting can become a place where care saves lives





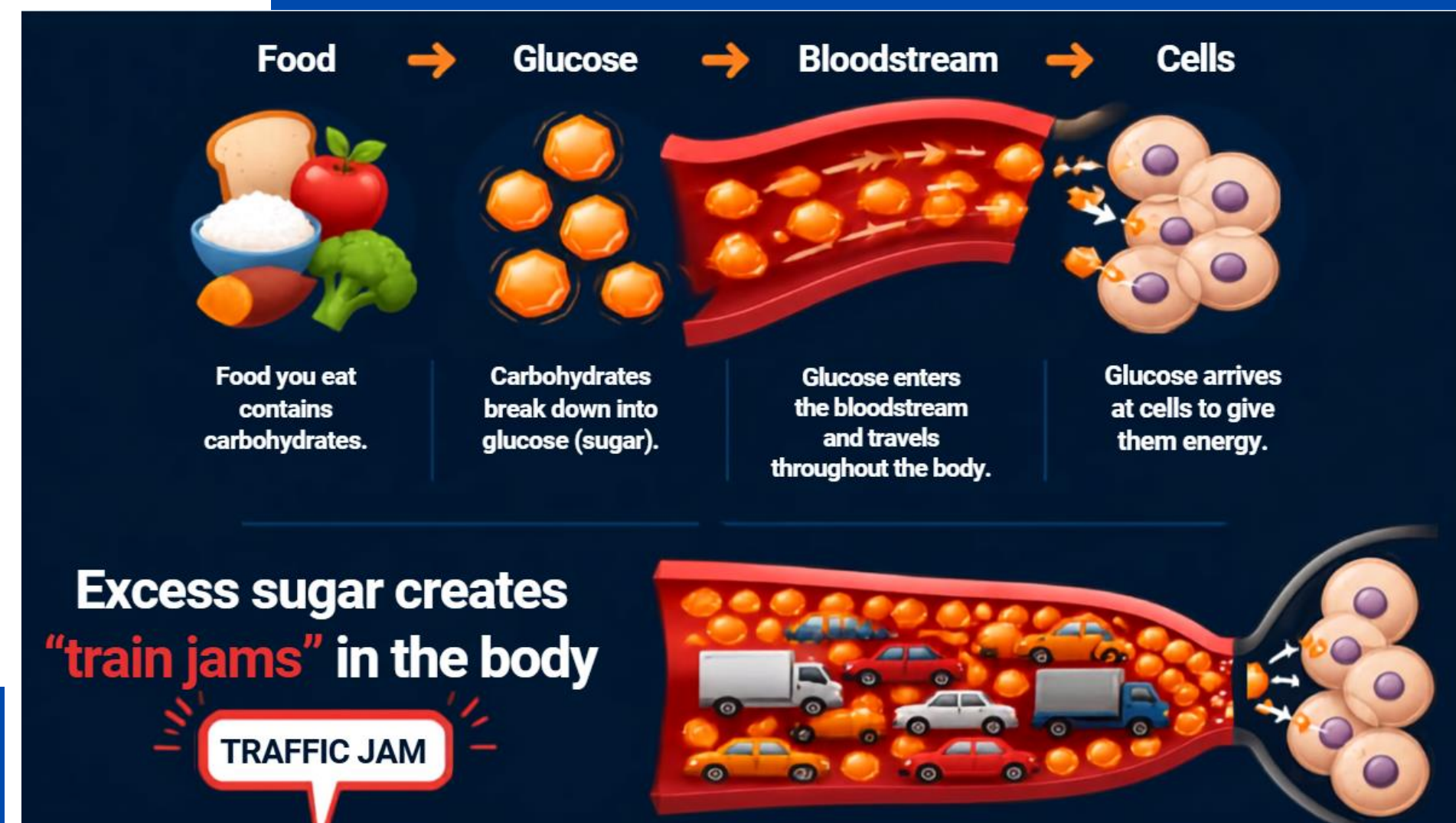
Health Foundations & Wellness

Understanding prevention,
wellness, and recovery.



How Blood Sugar Impacts Your Health

When you eat, your body breaks food down into glucose — the fuel your cells need to function. That glucose enters your bloodstream and is delivered to cells throughout your body. Too much sugar disrupts this process, affecting your heart, brain, and organs over time.



Food → Glucose → Bloodstream → Cells

Excess sugar creates "traffic jams" in the body

The Food and Fuel Story

Your body runs like a city — and glucose is the fuel that keeps everything moving. When you eat, food breaks down into glucose that travels through your bloodstream to power every cell. But too much sugar creates dangerous "traffic jams" that damage your body over time.

 Body = The City — a complex system needing constant energy

 Bloodstream = The Highway — transporting fuel to every destination

 Glucose = Fuel Trucks — delivering energy to cells and



 Brain = Command Center — directing traffic and keeping



Wellness Check

How Are You Taking Care of Yourself Today?

Take a moment to check in with yourself. Good health starts with small, daily habits. Let's reflect on how well you've been taking care of your body and mind today.

How much water have you had today?

Did you eat breakfast this morning?

Have you moved or exercised today?

How much sleep did you get last night?





Healthcare Careers & Team-Based Care

Many roles.
One purpose: caring for people.



Recovery Takes a Team

Physical Therapy & Occupational
Therapy

Nursing, Physicians & Medical Staff

Family Support & Community Care





What Is Team-Based Care?

Healthcare works best when professionals collaborate together. Every role on the team contributes to better patient outcomes and a stronger system of care.

Nurses — direct patient care and coordination

Physicians — diagnosis, treatment, and leadership

Therapists — rehabilitation and functional recovery

Pharmacists — medication safety and management

Social Workers — support, resources, and advocacy

Medical Assistants — clinical and administrative support

Career Spotlight: Physical Therapy

Physical Therapy inspired Christine's healthcare journey. PTs help patients recover movement, manage pain, and regain independence after injury or illness. A DPT degree (Doctor of Physical Therapy) is required, following a science-focused bachelor's degree.



Work settings: hospitals, rehab centers & schools

Specialties: neuro, ortho, pediatrics & sports

Avg. salary: \$95K+ with strong job growth

What I Learned as a CNA

Working as a Certified Nursing Assistant shaped the foundation of my healthcare career. Every shift taught me something new — not just about clinical skills, but about what it truly means to care for another person.

Compassion — See the person, not just the patient

Teamwork — No one delivers great care alone

Communication — Listen as much as you speak

Respect — Dignity matters in every interaction

Trust — Earn it every day with every patient



Small Things Make Big Differences

In healthcare, the smallest gestures can have the greatest impact. A kind word, a moment of comfort, or simply listening can transform a patient's entire experience.

Listening — truly hearing your patient

Encouragement — lifting spirits during hard times

Comfort — physical and emotional support

Compassion — caring with your whole heart

💬 What have you done recently to make someone's day better?



Build the Care Team

Patient: Diabetes & High Blood Pressure

Challenge: Difficulty Walking & Mobility

Who would help this patient? Build the team!





Mobile Healthcare, Prevention & the Future

Bringing care to communities
and building what comes next.

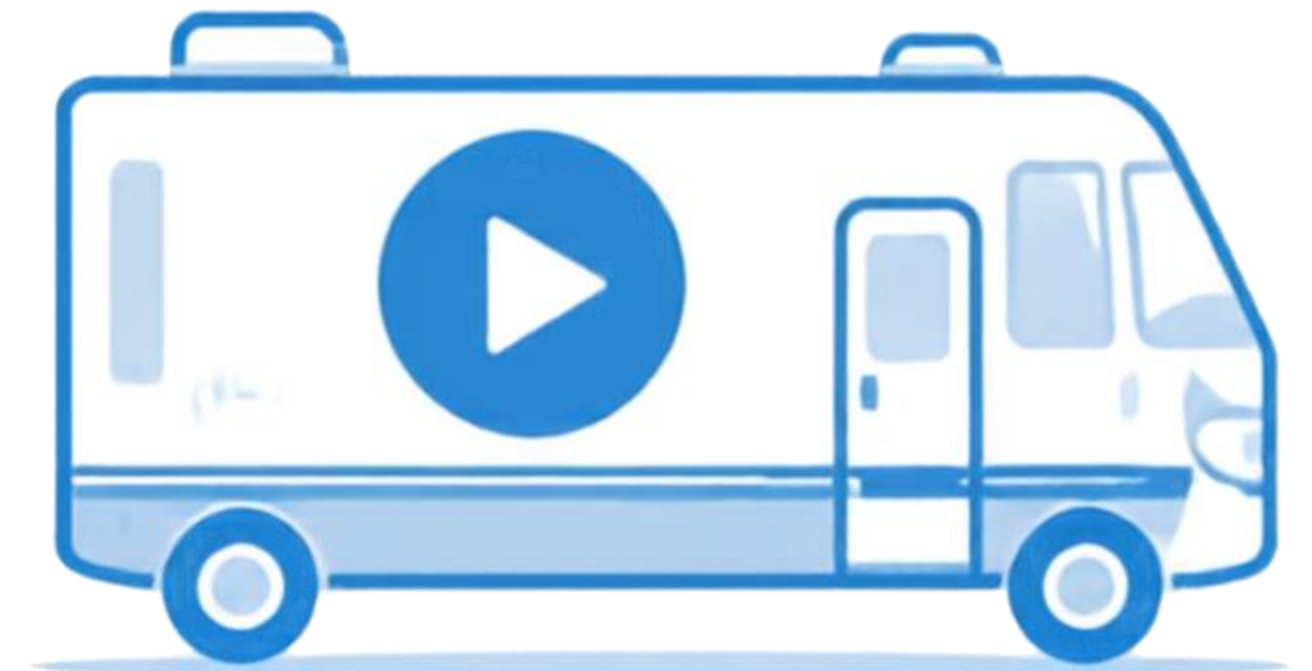




Introducing the Bayhealth Mobile Care Unit



Virtual Tour





What Is Inside a Mobile Health Unit?

A mobile health unit is a fully equipped clinic on wheels, designed to bring comprehensive healthcare services directly into communities. Every component is carefully planned to deliver safe, effective, and accessible patient care.

Exam Areas — private spaces for patient assessments

Screening Areas — blood pressure, audio, vision & more

Power & Water Systems — fully self-sufficient operations

Computers & Health Records — digital documentation on-site

Accessibility Equipment — ramps, lifts & ADA-compliant design

Supply Storage — PPE, drug screen, & clinical supplies



Behind the Scenes

Great healthcare starts before the first patient arrives. Every mobile care visit begins with thorough preparation to ensure safety, efficiency, and quality care.



Safety Checks & Equipment Setup

Vehicle Readiness & Inspection

Documentation & Patient Records



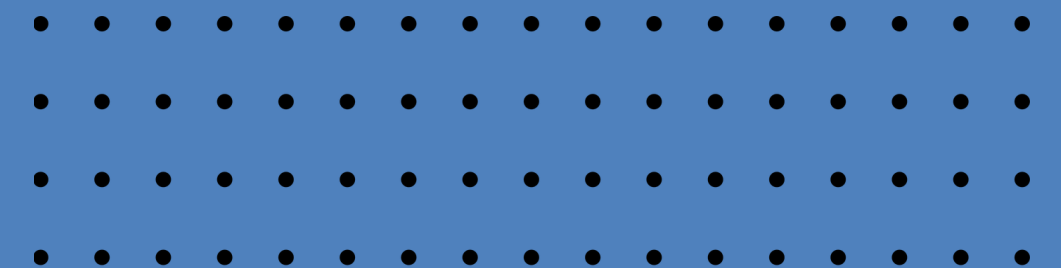
Teamwork Behind the Scenes

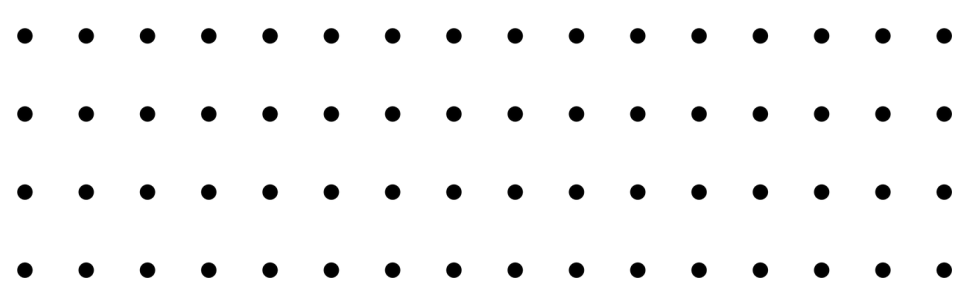
Mobile healthcare is powered by an entire team working together — from the clinical staff you see to the support professionals behind every successful community visit.

Clinical Team & Operations

IT, Facilities & Maintenance

Community Partners & Support Staff

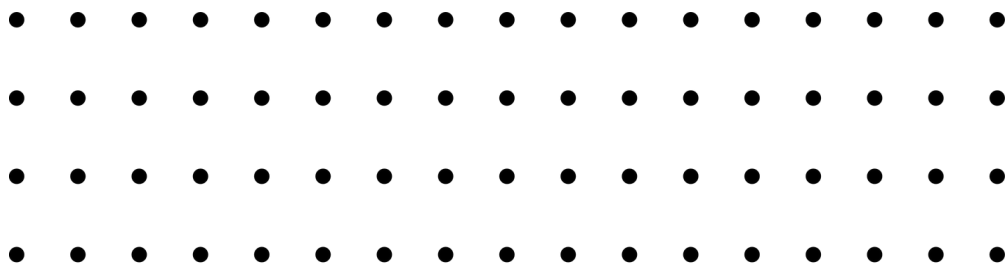




Accessibility Matters Healthcare for Everyone

Every person deserves access to quality healthcare, regardless of ability, mobility, or background. ADA-compliant facilities, wheelchair-accessible mobile units, and inclusive care practices ensure that no one is left behind. Bayhealth is committed to removing barriers and welcoming all patients with dignity and respect.

ADA accessibility & wheelchair-friendly care
Inclusive services for diverse communities





Mobile Healthcare Solves Real Problems

Many people face serious barriers to accessing healthcare. Mobile health units break down those barriers — bringing care directly to the community.

Barrier: Transportation → Solution: Mobile Health Comes to You

Barrier: Distance → Solution: Community Outreach Sites

Barrier: Work Schedules → Solution: Workplace & On-Site Services

Barrier: Limited Access → Solution: Screenings, Prevention & Education

Prevention Changes Lives

Pop-Pop Soupy's stroke didn't have to happen. High blood sugar, left undetected and unmanaged, changed his life — and inspired mine. Prevention is the most powerful tool in healthcare. When we screen early, educate communities, and intervene before a crisis, we save lives.

Screenings & early detection before symptoms appear

Education & healthy lifestyle choices every day

Early intervention — catching problems before they become emergencies



Healthcare Careers You May Not Know

Healthcare is one of the most diverse career fields in the world. Beyond doctors and nurses, there are dozens of rewarding paths that combine science, technology, community service, and innovation.

Nursing, Medicine & Physical Therapy

Public Health & Community Health

Healthcare Administration & IT

Biomedical Technology & Occupational Health



Skills Every Healthcare Professional Needs

Regardless of your role or specialty, certain core skills define excellence in healthcare.

These competencies empower professionals to deliver safe, compassionate, and effective care across every setting.

Communication – clear, empathetic, and accurate

Teamwork – collaborating across disciplines

Adaptability – responding to changing situations

Critical Thinking – solving problems under pressure

Leadership – guiding and inspiring others

Compassion – putting people first, always



The Future of Healthcare

Healthcare is evolving rapidly. From mobile units reaching underserved communities to AI-driven diagnostics, the future belongs to those who embrace innovation and compassionate, connected care.



Mobile Healthcare & Telehealth expansion

Artificial Intelligence in diagnostics & care

Community Health, Prevention & Innovation

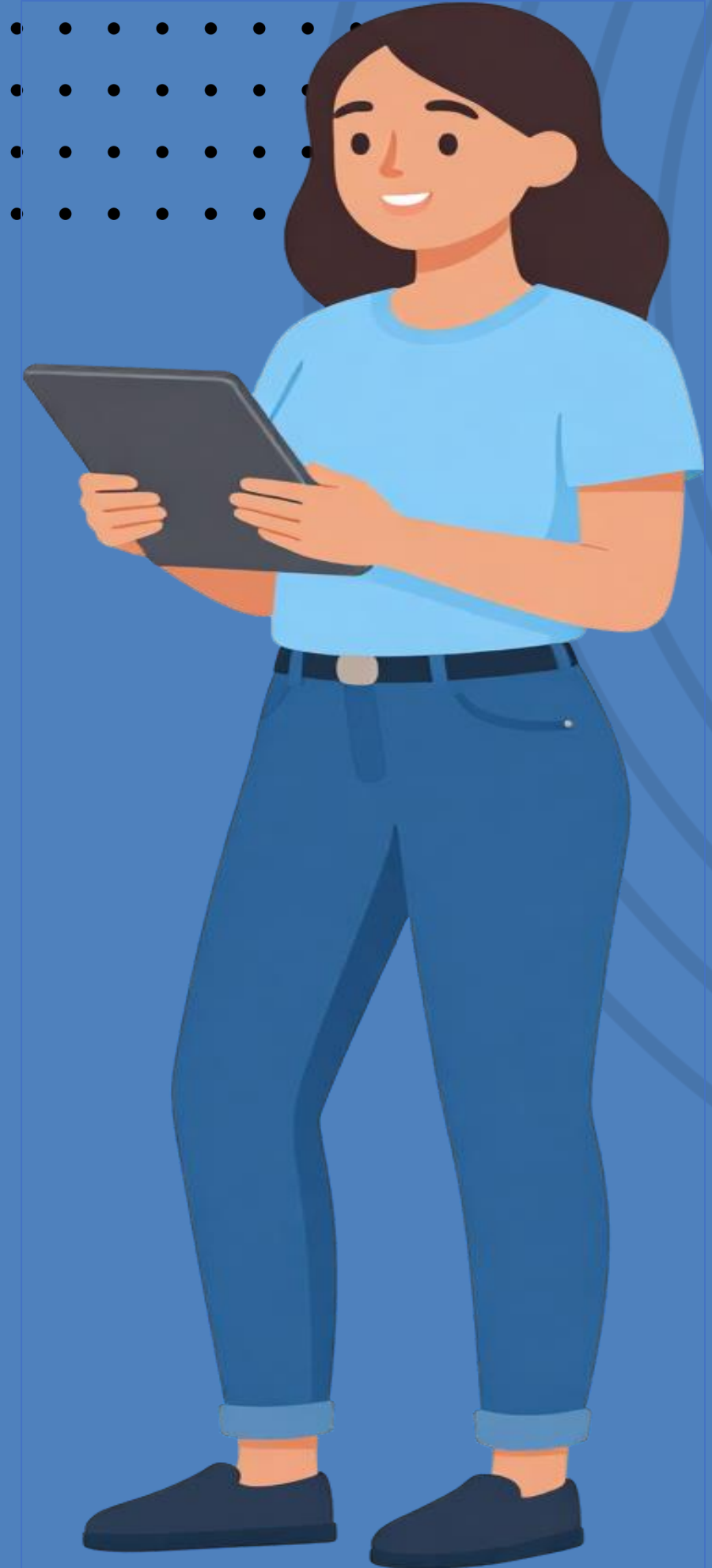
Reflection Activity

What Did You Learn Today?

Type one word that describes Healthcare

Type one word that describes Teamwork

Type one word that describes Mobile Care





Thank You

Christine Foxwell, LPN

"There is a place for you in healthcare."

Questions & Career Exploration

Ask Me Anything! This is your chance to explore healthcare careers, ask about real experiences, and discover your path. No question is too big or too small.

Nursing & healthcare career pathways

Mobile healthcare & Bayhealth programs

Education, certifications & next steps

