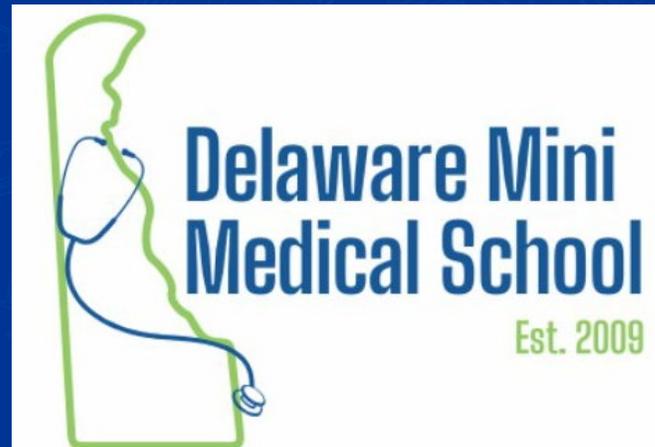
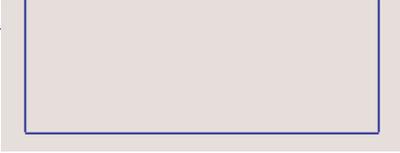


SUSSEX COUNTY is Our Specialty



Panel: The Nursing Ladder
Diversity of Careers in Nursing





JAMIE DICKERSON

MSN, MBA, RN



Director of Patient Services



Welcome and Thank You!

What is Nursing?

Nursing is a healthcare profession focused on the care of individuals, families, and communities to attain, maintain, or recover optimal health and quality of life.



Diversity of Careers in Nursing

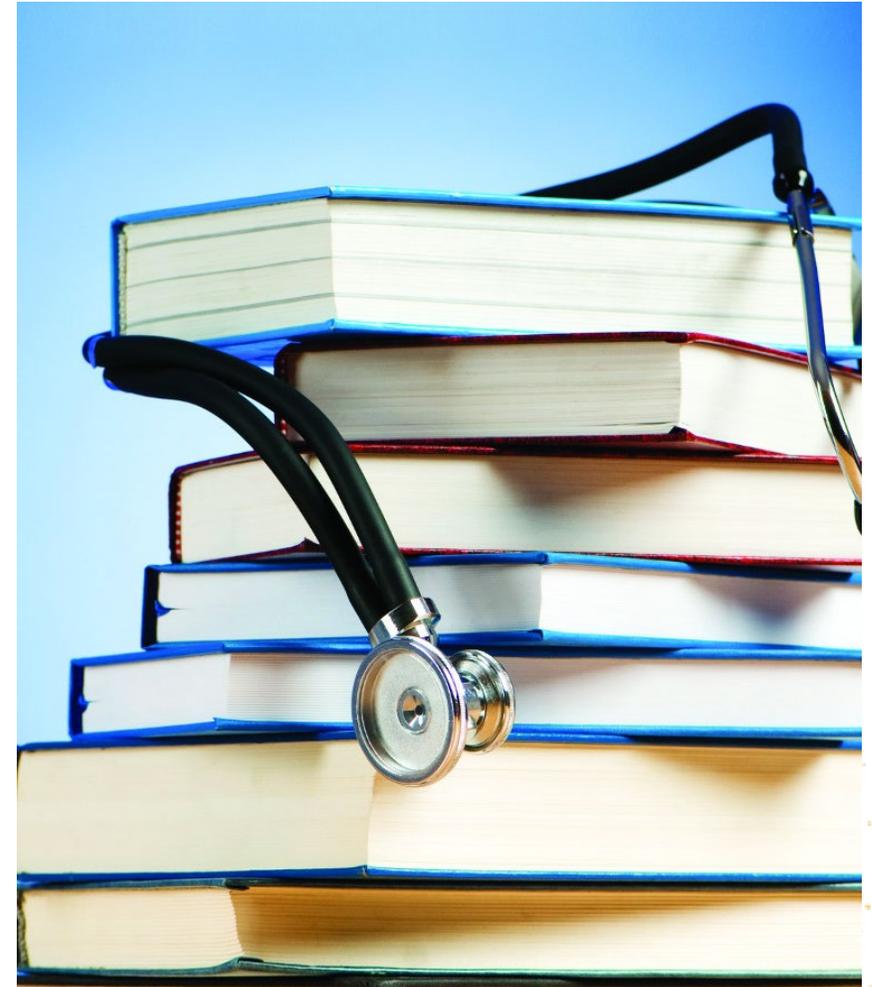


- **Licensed Practical Nurse (LPN)**
Provides basic nursing care under the supervision of RNs and doctors.
- **Registered Nurse (RN)**
Coordinates and provides patient care, educates patients, and offers emotional support.
- **Nurse Practitioner (NP)**
Advanced practice RN with authority to diagnose, treat, and prescribe medications.
- **Clinical Nurse Specialist (CNS)**
Expert in a specialized area of nursing practice (e.g., cardiology, oncology).
- **Nurse Anesthetist (CRNA)**
Administers anesthesia and monitors patient recovery during surgical procedures.
- **Nurse Midwife (CNM)**
Provides prenatal, delivery, and postpartum care to women.

Can work in a diversity of environments: schools, hospitals, home health, clinics, government and more!

How to Get Started

- **Volunteering is a great first step**
- **Look into programs/nursing schools**
- **Consider starting as a CNA**
- **Speak to career advisor at your school**
- **We hire CNAs as young as 17**
- **Career Outlook:** High demand due to aging population and healthcare needs
- **Flexible paths** with room for specialization and advancement
- **Competitive salaries** and job security



Jamie Dickerson, MSN, MBA, RN

Background & Education

- Associate Degree in Nursing – Delaware Technical Community College
- Bachelor of Science in Nursing (BSN) – Wilmington University
- Master of Science in Nursing (MSN, Leadership) – Wilmington University
- Master of Business Administration (MBA, Healthcare Administration) – Wilmington University





Jamie Dickerson, MSN, MBA, RN

Career Journey

- Volunteered in high school as part of the National FFA Organization
- I thoroughly enjoyed that experience, helping others, expecting nothing in return
- Decided to become a nurse after caring for my terminally ill stepmother at just 17 years old. I knew I had what it took
- Never stopped attending school, kept going from my ADN, to BSN, to MSN/MBA, now pursuing Nurse Executive Board Certification
- I didn't imagine I would be in a leadership role so young in my career, but I feel this is the path I was destined to be on, helping not only patients, but nurses in their careers



Jamie Dickerson, MSN, MBA, RN

Director of Patient Care Services

- Currently oversee over 400 employees, the 3 largest inpatient departments in the hospital, and my role evolves often, absorbing new departments and areas as needed.
- My biggest joy is precepting new leaders and helping them to find their place in a very difficult and challenging role.

(Day in the Life – Next Slide)

Jamie Dickerson, MSN, MBA, RN

A Day in the Life

- Day-to-day operations oversight (staffing, patient flow, etc.)
- Patient Experience (Rounds on patients, pushing processes such as multi-disciplinary rounds, bedside shift report, etc.)
- Employee Engagement (Daily rounds on units, frequent touch points with my Nurse Managers, addressing concerns in real time)
- Driving quality care initiatives (Infection Prevention, Employee and Patient Safety, etc.)
- Currently focused on Epic implementation as a Nurse Leader Champion



ALISON WATSON

EDD, MSN, RN, CNE, CEN



Nurse Educator





Educational Background

- **High School:** Sussex Technical High School
- **Nursing (RN):** Beebe School of Nursing
- **BSN/MSN (Leadership & Education):** Wilmington University
- **Ed.D (Innovation & Leadership):** Wilmington University

- Certified Nurse Educator (CNE) and Emergency Nurse (CEN)



Work History



NURSE EXTERN:
BEEBE EMERGENCY
DEPARTMENT (ED)



REGISTERED NURSE:
BEEBE ED



NURSE EDUCATOR:
MARGARET H. ROLLINS
SCHOOL OF NURSING
AT BEEBE HEALTHCARE



**STUDENT NURSE
RECRUITMENT**

What is a Nurse Educator?



Experienced RN with advanced education



Design and deliver curriculum to nursing students



Oversee Clinical Practice



Stay updated on Evidenced Based Practice



Act as a mentor



Conduct research



Evaluate educational programs

Where Do Nurse Educators Work?



High Schools

(Health Professions Pathways)



Colleges and Universities

LPN/ RN → BSN/ MSN/ DNP



Healthcare Systems

(clinical educators)



Online Learning Platforms

Preparing For This Role

- Become a Preceptor to staff
- Continue professional development
 - Evidenced based practice
 - Degree progression
 - Become certified in your specialty
- Adjunct clinical role
- Leadership
 - Join committees or councils



LOGAN JARRELL

BSN, RN, GRN[®], CDP[®]



NICHE – Age Friendly Coordinator



Personal Timeline

- What made me want to become a nurse?
- Previously volunteered at a nursing home in New Jersey
- Moved to Delaware from New Jersey – Summer 2014
- Graduated Cape Henlopen High School – Summer 2016
- Met my husband senior year of high school
- Purchased my first home – January 2024
- Married – October 2024





Career Timeline

- Volunteer at Delaware Hospice – May 2018 through March 2019
- Worked for Griswold Home Care – May 2019 through December 2020
- Began nurse externship program at Beebe Healthcare – Summer 2020
- Graduated Delaware Technical Community College - December 2020 (ADN)
- Passed NCLEX – December 2020
- Started working at Beebe Healthcare as a RN – February 2021
- DAISY Award Nominee – July 2021
- Nominated for "New Graduate Nurse of the Year Award" by Jamie Dickerson – May 2022
- Became the chairperson for the Education & Professional Development Council – April 2023
- Graduated Delaware Technical Community College – August 2023 (BSN)



Career Timeline

- **2023:** Became one of the 5 Lynch charge nurses
- **2024:** Started my MSN at Wilmington University
- **2024:** Began position as NICHE Coordinator & became a GRN
- **Jan 2025:** Implemented doll therapy program at Beebe Healthcare
- **May 2025:** Presented "Doll Therapy as a First Line Treatment for Alzheimer's Disease Patients to Reduce Workplace Violence Events, Falls, and Restraint Usage" at the STT Lambda Eta Spring 2025 Evidence-Based Practice and Quality Improvement Conference
- **May 2025:** Awarded the "Florence Nightingale Nursing Excellence Award" at Beebe Healthcare's Nursing Excellence Celebration
- **June 2025:** Presented "NICHE Coordinator Championing Geriatric Care Across the Continuum" at a NICHE Webinar



Logan Jarrell

NICHE Coordinator Role



- Designed to help hospitals & healthcare organizations address & improve the specialized needs of older hospitalized adults
- Education program that trains staff to be aware of & identify special considerations when caring for the elderly & serve as a resource for other nurses on their teams
- Provide geriatric patients with resources/education for aging in place



Case Study: Doll Therapy Program

- Dolls are given to patients suffering from negative neuropsychiatric symptoms
- The dolls provide the patients with a sense of purpose & comfort
- Overall goals include improved patient outcomes, improved patient safety, improve the healthcare team's experience when caring for the dementia patient population, reduction in falls, physical workplace violence events, & restraint usage
- Since implementation, 53 dolls have been utilized hospital wide
- Out of the 53 patients, none of the patients (after the doll was given) resulted in a physical workplace violence event taking place, restraint application, or a fall for the remainder of their hospitalization





- The purpose of this guide is to provide our community with local resources & to bring care to the community
- Our efforts make a positive difference in people's lives and underscore the value & continued presence of Beebe Healthcare's mission & vision



SENIOR COMMUNITY RESOURCE GUIDE

By: Logan Jarrell BSN, RN
NICHE - Age Friendly Coordinator



Why Volunteer?

- Gain experience and knowledge
- To learn more about yourself, see if a career in healthcare is right for you
- Make a difference
- Step outside your comfort zone
- Build connections/relationships
- Led me to my passion - caring for the elderly
- Strengthen college application & future job applications
- Develop key skills
- Promotes personal development
- Gain insight into roles and responsibilities of healthcare professionals

Volunteer Experience

- Ask questions
- See as much as you can
- Consider a job in healthcare while in college or high school to gain further experience
- Let staff know what you are interested in so they can ensure you have a great volunteer experience
- Never forget your "why"





LYNN BAYNE

PHD, APRN, NNP-BC



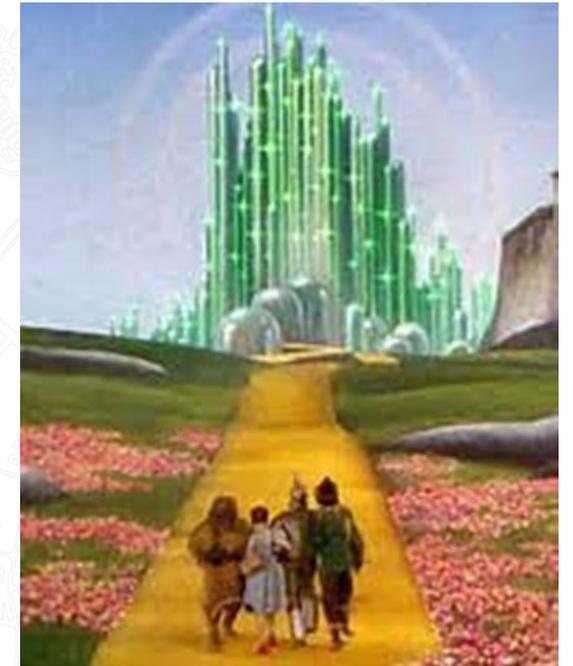
Nurse Practitioner



Lynn Bayne, PhD, APRN, NNP-BC

My Journey

- How did my volunteer experience influence my future?
- How did I decide what I wanted to be when I grow up?
- Road from RN-to-nurse practitioner
 - What is a nurse practitioner?
 - How do you become a nurse practitioner?
 - Where does a nurse practitioner “practice”?
- What opportunities exist for a nurse practitioner?
 - Bedside, leadership, transport, scientist, inventor



Lynn Bayne, PhD, APRN, NNP-BC

Serving Several Hospitals





Lynn Bayne, PhD, APRN, NNP-BC

A Happy Reflection

- 45-years of nursing & counting...
- Find your home (role)...
- Cultivate your expertise (specialize)...
- Always keep patient(s) first...
- Stories/Case Studies...



Thank you!

Questions?

If you'd like to contact any of the presenters, please reach out to volunteer@beebehealthcare.org



**Delaware Mini
Medical School**
Est. 2009

