

Journey taken to become a Pediatric Emergency Medicine Physician

Anna Barton, MD

PGY4 Pediatric Emergency Medicine Fellow

Nemours Children's Health, DE

About Me

- Hometown: Randolph, NJ
- Undergraduate degree at Boston University 2017
 - Bachelor of Science in Human Physiology
- Medical School degree from St. George's University 2021
- Clinical Rotations in various NJ hospitals, but mostly Hackensack
- Sub-Internship at Goryeb Children's Hospital in Morristown, NJ
- Residency at Goryeb Children's Hospital in Morristown, NJ
- Fellowship at Nemours Children's Health in Wilmington, DE
- Research/Career Interests: medical education, simulation

Early Aspirations

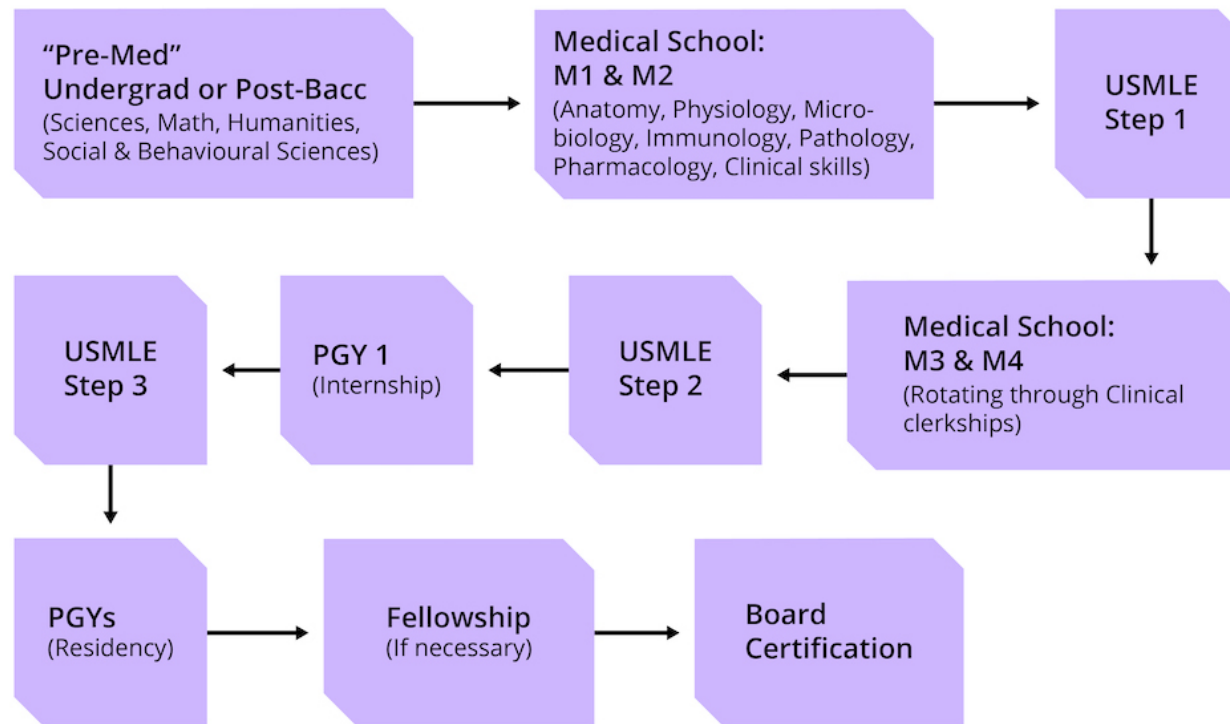
- Mother is a breast radiologist
- Father was an adult cardiologist
- I was the WORST patient ever
 - I still get nervous with my own blood draws
 - A lot of soul searching to even figure out if medicine was for me
 - At 18 years old my own surgeon told me that being a patient and a doctor are different things and I should not let me fears as a patient deter me from pursuing medicine

How to set yourself up for early success!

- Show interest early!
 - Clubs and organizations
 - Global Medical Brigades
 - Pediatrics Club
 - Pediatric Health Fair
 - Emergency Medicine Club
 - eFAST Ultrasound Certification
 - Airway workshops
 - IV placement
 - Find innovative ways to continue to learn
 - Summer student intern in the Department of Surgery at Morristown Medical Center
 - Student Intern at Great Ormond Street Hospital in London UK
 - Facilitator in the Department of Educational Services at SGU

Credit to Kaplan!!!

PATH OF MEDICAL EDUCATION



Residency

- 3 years of training
- Involves a mix of clinical and educational responsibilities aimed at developing the skills necessary to provide comprehensive care for infants, children, and adolescents
 - A chief year may also add administrative responsibilities. Looks great on a CV!
- Rotations across numerous subspecialties such as neonatology, cardiology, hematology, adolescent medicine, developmental pediatrics, pediatric emergency medicine <3, etc..

Fellowship

- After completing 3 years of residency, additional 3 years of fellowship
 - Those who are emergency medicine trained residents may only be required 2 years of fellowship
- Focuses on the acute management of critically ill or injured children
 - Evaluate and treat a broad spectrum of acute pediatric conditions, including trauma, infections, toxicological emergencies, seizures, respiratory distress, cardiac arrest, etc
- Build procedural skills such as intubations, sedations, laceration repairs, chest tube placement, etc..

Fellowship

- Hybrid role between a learner and a teacher
 - Teaching fellow
 - Precepting residents
 - Weekly didactics
 - Simulation center

Why PEM?

- “Jack of all trades”
- Enjoyed the variety
 - Counseling the worried well
 - Pediatric codes and traumas
- I craved being the primary responder to acutely decompensating patients
- Shift work

