

Becoming a Pediatric ICU Physician-From Africa to the US

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Outline

- **Africa: Medical School**
- Nigeria: Medical Officer
- Ireland: Emergency Room Physician
- United States:
 - Residency → Pediatrician
 - MPH
 - Fellowship → Pediatric Intensivist
- **Africa: Global Health Project**



World Map

Africa: Medical School

- Med School-6 years
- 7 years: Industrial strike
- Straight from high school



Nigeria: Medical Officer

- Internship: Nigerian Army Reference Hospital, Kaduna
- National Service (NYSC): Sir Yahaya Memorial Hospital, Birnin-Kebbi, Kebbi State
- Medical Officer: Lagos Nigeria
- **MPH: University of Lagos, College of Medicine, Vaccine Marketing**

Ireland: Emergency Room Physician



THE ADELAIDE & MEATH
HOSPITAL, DUBLIN
INCORPORATING
THE NATIONAL CHILDREN'S HOSPITAL



Tallaght
University
Hospital

An Academic Partner of Trinity College Dublin

Ospidéal
Ollscoile
Thamhlachta



Preparing for Residency Program in the United States (US Medical Licensing Examinations)

- USMLE Step 1
- USMLE Step 2- CK
- USMLE Step 2-CS
- Residency Applications/Interviews/Match
- ECFMG Certification (Foreign Medical Graduates)

Residency Training, New York

**Woodhull Medical and Mental Health
Center, Brooklyn NY**



Pediatric Residency Program

- A 3-year program
- PGY-1
- PGY-2
- PGY-3

- In-Training Exam (ITE)
- Best Graduating Resident

Pediatrician at Nemours/duPont Pediatrics

- Primary Care Office; Georgetown, **Milford**, Philadelphia Pike and A.I. duPont Hospital for Children (Yellow Module)
- Physician-In-Charge
- J-1 Visa (Health Professional Shortage Area)
- ***MPH Degree***
- *Green Card (Permanent Residency Card)*
- *Fellowship Training*

Masters of Public Health (MPH) Degree

Johns Hopkins Bloomberg School of
Public Health



MPH Program

- 2-year program
- Online/In Person
- Winter and Summer Institutes

Fellowship Training, Baltimore MD

**University of Maryland Medical Center,
Baltimore**



**Pediatric Critical Care Medicine
Fellowship Program**

- 3-year program
 - PGY-4
 - PGY-5
 - PGY-6
-
- Interview at Nemours for a PICU Job

Pediatric Intensivist, Nemours Children's Hospital, Wilmington DE

Nemours Children's Hospital



Pediatric ICU



Pediatric Intensivist, Cooper University Hospital, Camden NJ

Cooper University Hospital



Regional Children's Hospital at Cooper



Pediatric Intensivist

○ **Clinician:**

- Treat children who are critically ill

○ **Teacher:**

- Teach medical students, residents, fellows, nurses

○ **Researcher:**

- Basic Science Researcher
- Clinical Researcher

My Job as a Pediatric Intensivist and Why I choose this field.

- A pediatrician who is specially trained to treat children who are critically ill or unstable from **organ system failures, recovering from major surgeries or involved in major accidents.**
- These children are admitted to the Pediatric Intensive Care Unit (**PICU**).



Some of conditions that can make a child critically ill or unstable

- ❖ Severe Asthma
- ❖ Diabetic Ketoacidosis-DKA (complications from diabetes)
- ❖ An overwhelming Infection (Sepsis) eg from severe pneumonia
- ❖ Serious injuries (such as car, bicycles, scooters, skateboards, rollerblades)
- ❖ Near drowning

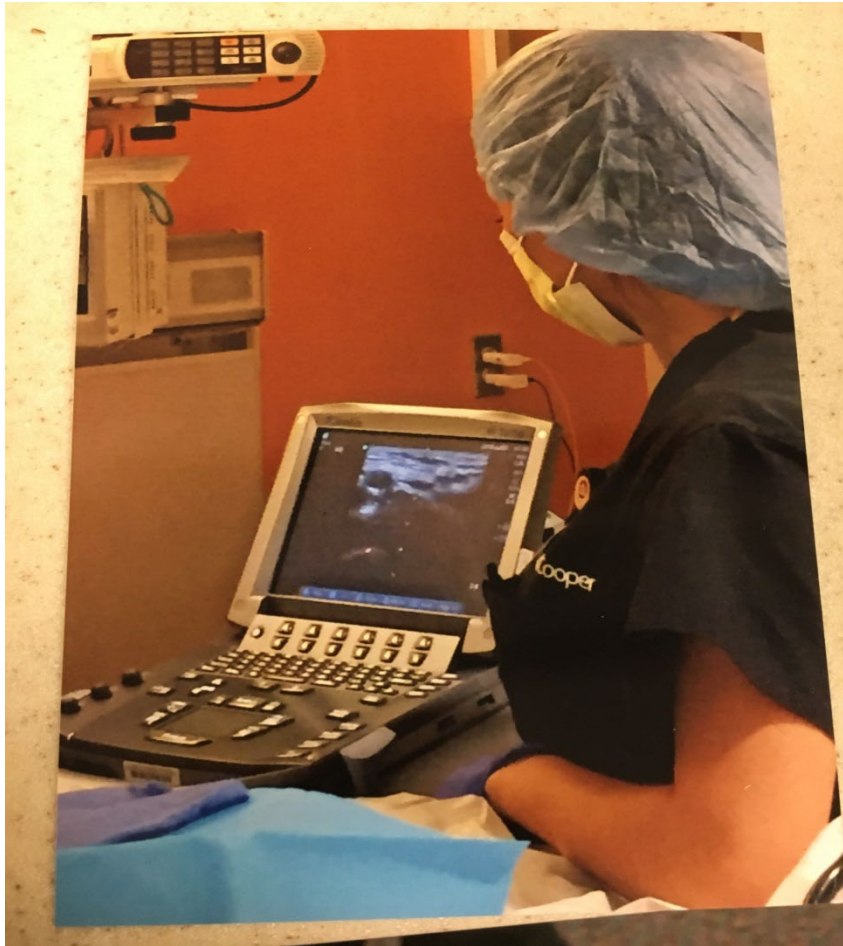
Intubate Patients and Monitor With Ventilators



We place special catheters in the blood vessels and the hearts



Central Lines and Arterial Lines

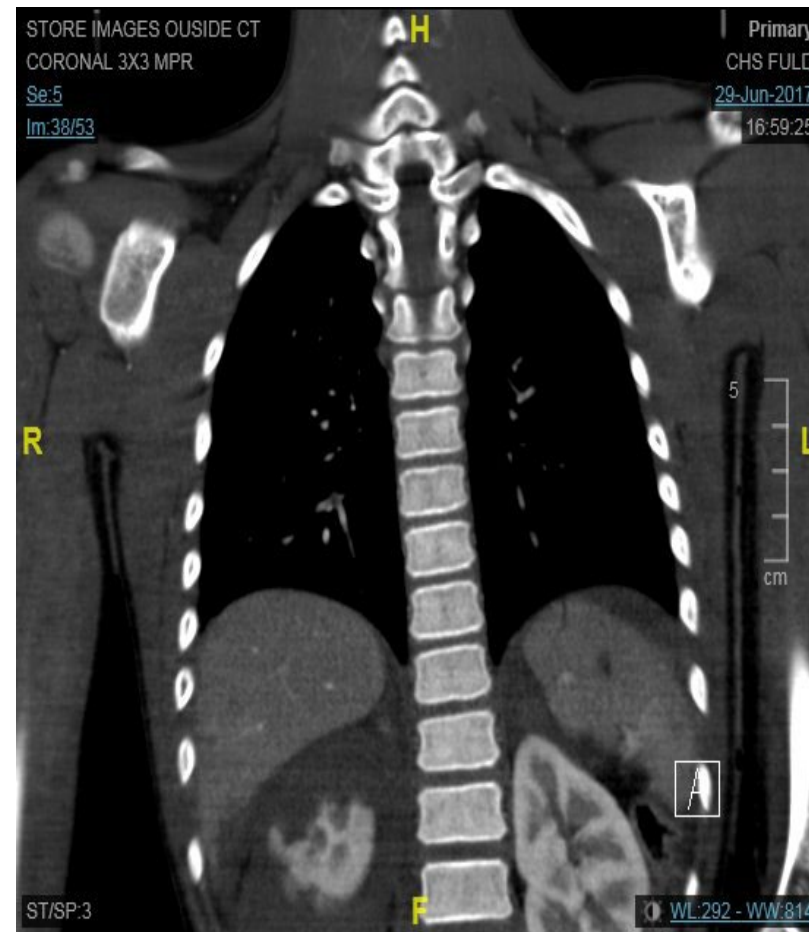


Post-Op Heart Operations



<http://devinbecerril.blogspot.com/2005/11/>

Bicycle and Car Accidents



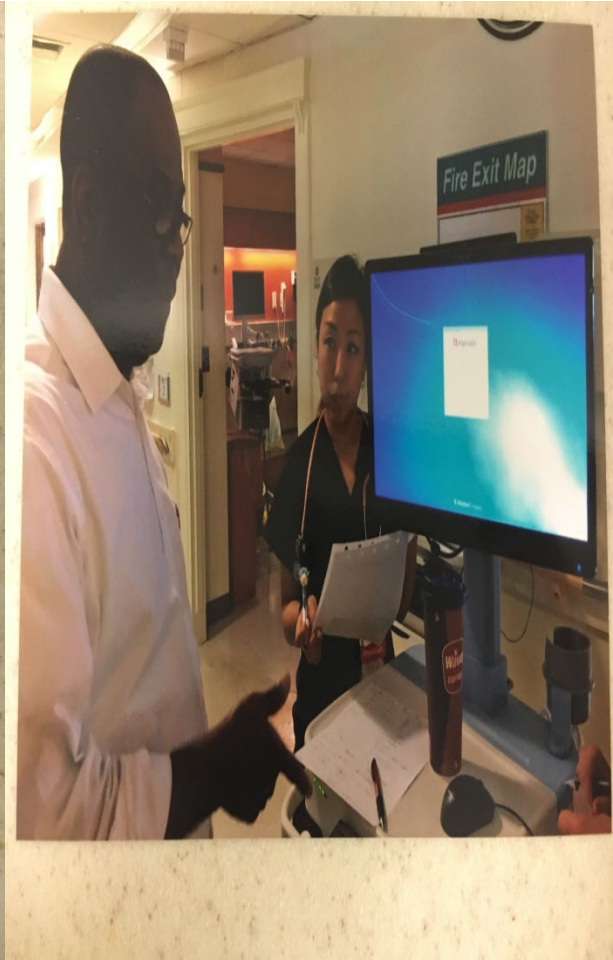
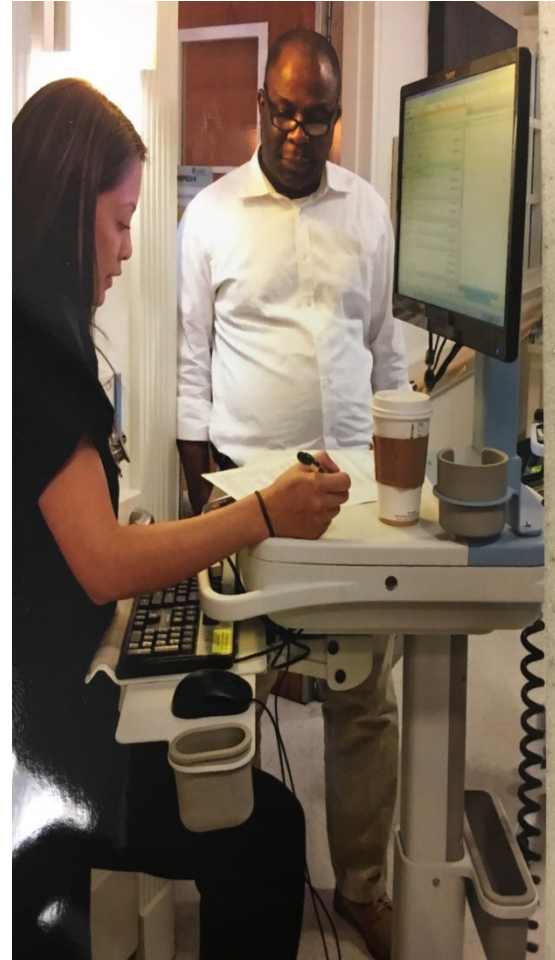
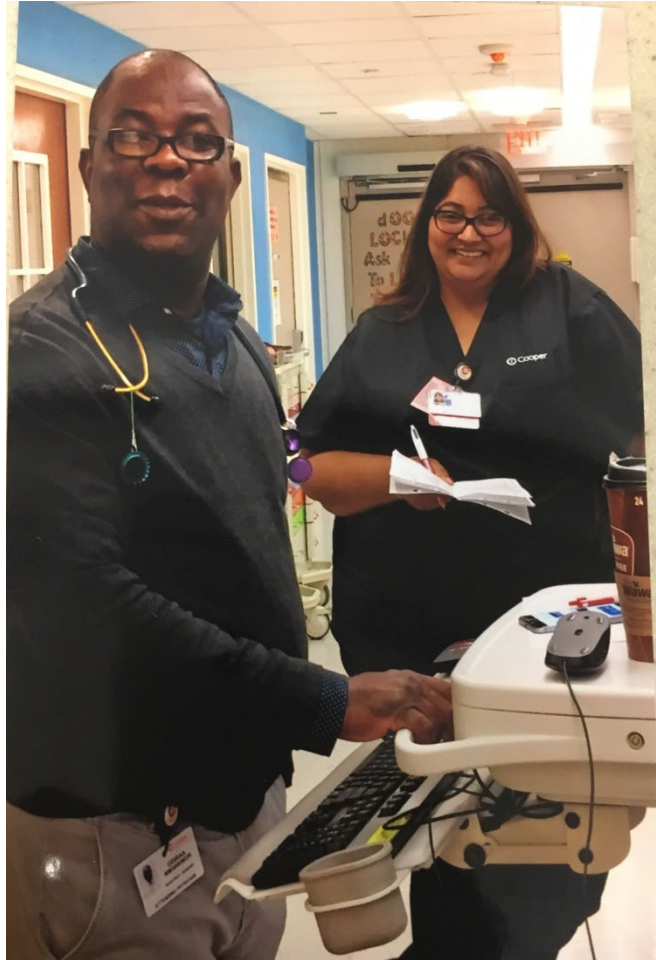
Helipad to receive critically ill children



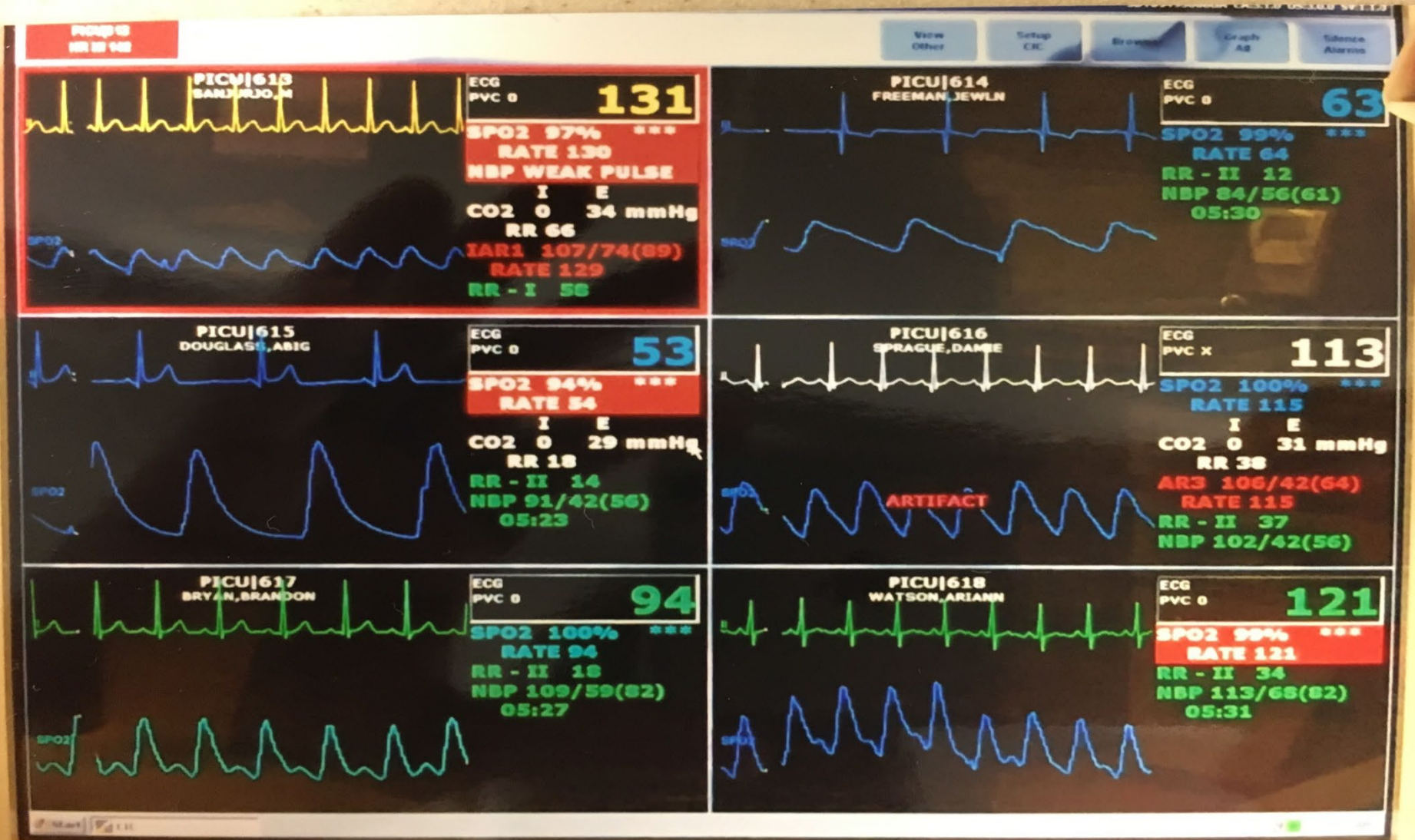
Teamwork and Care Coordination



Make Rounds and Teaching



Monitors: Vital Signs, Alarms and Trends



Reason Why I Do This



Establishing a Pediatric ICU in Nigeria

“The Nigeria PICU Project”

PICU Room at Nemours



Proposed PICU Room at UNTH



<https://www.usa.skanska.com/what-we-deliver/projects/57278/NemoursAlfred-I.-duPont-Hospital-for-Children-Expansion>

04/13/2019- 3rd Packing Events

Volunteers at work



Volunteers at work



40' Container Load of Medical Supplies

Loading completed



Container closure



Container at UNTH Enugu, Nigeria

In front of Warehouse at UNTH



Loaders at UNTH



Warehouse at UNTH Enugu

Off-loading at Enugu



Inside our Warehouse



5-Bed Pediatric ICU at UNTH Enugu

Before



After



09/17/19-Training Started



Skills Stations

Practicing Intubation Skills



Demonstrating Ultrasound-guided Central Venous Line Placement



Formal Opening of the New Pediatric ICU at UNTH, Enugu 2021



2022 training



2022 Clinical Services



2022 Clinical Services



Inside the ICU/OR



Our Team Members in 2019

Our team supported by
Nemours/Cooper



Our team in native apparel



Our Team Members in 2022

Our team supported by
Nemours/Cooper



Our Team in our Native Ankra



Guest Bartender Fundraiser Event 05/31/2023



Guest Bartender Fundraiser Event 05/31/2023



How to become a Pediatric Critical Care Specialist

- ✓ Medical Degree- 4 years
- ✓ Pediatric Residency Training- 3 years
- ✓ Pediatric Critical Care Fellowship Training- 3 years

Why Pediatric Critical Care

VERY REWARDING!!!

➤ Good Patient Outcomes

➤ Making a Difference

➤ Good Lifestyle

Thank You!

QUESTIONS????