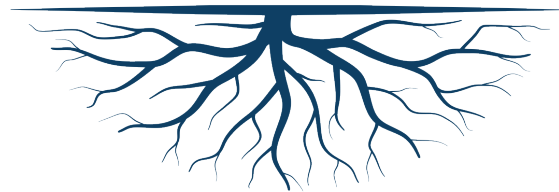




La Red

HEALTH CENTER

Rooted in Community

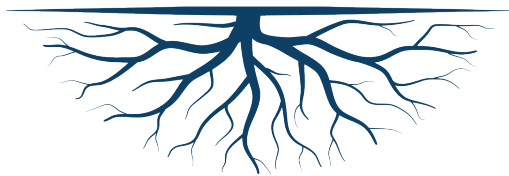




La Red

HEALTH CENTER

Rooted in Community



La Red Health Center Mini-Medical School

October 30, 2024

John Russum, MSW, LCSW
La Red Health Center
Behavioral Health
Administrator



My Healthcare Journey

My healthcare journey started in 1994. I started the Psychology Program at Delaware State University.

In 1995 I was hired as a Radiology Assistant at Kent General Hospital (KGH)

- Assist the Radiology Technician and Radiologist

- Develop X-rays

- Assist in Special Procedures

- Putting away supplies

Transition in 1997 to Support Technician

- Radiology Assistant

- Phlebotomist

- EKG Technician

- *Autopsy Assistant*



My Healthcare Journey

I graduated with my Bachelors in Psychology

I requested a transfer to the Psychiatric Unit (St. Jones Center) as a **Psychiatric Technician**

- Patient safety

- Milieu management

- 15 Minute Checks

- Education groups

- Attend treatment team

I started my Masters in Social Work (MSW) at Delaware State University in 2000

Field Placements

- South Lake Forest Elemantry

 - Counseling students

 - IEP (Individualized Education Program) Meetings

 - Community Outreach/ Home visits



My Healthcare Journey

James T Vaughn Correction Center (DOC)

Counseling inmates

Education groups

Shadow correction counselors

Graduated with my Masters in Social Work (MSW) May 2003

Started immediately as a Social Worker for the St. Jones Center

Psychosocials

Individual therapy

Group therapy

Family sessions

Discharge planning

2006 Pass my Licenses Clinical Social Worker Exam (LCSW)



My Healthcare Journey

2006 Became a Psychiatric Consultant for Bayhealth

Perform consults for Depression, Anxiety, Bipolar, Mania, Schizophrenia, psychosis, Substance Use, Somatoform Disorder, Capacity, etc.....

Reason for consult, History of present illness, Behavioral health history, Substance Use history, Medical history, Medication history, Family history, Social/ Economic history, Labs, Mental Status Exam, Impression and Recommendations
Review with Psychiatrist



My Healthcare Journey

2007 Became the Director of Social Work at Dover Behavioral Health System (DBHS)

- Performance indicators

- Audits

- Surveys

- Treatment teams

- Flash meetings

- Staff performance reviews

- Policies

- Departments

 - Social Work

 - Activity Therapy

 - PHP/IOP

 - Transportation



My Healthcare Journey

Became the Director Clinical Services at Dover Behavioral Health System (DBHS)
Open the Georgetown site PHP/IOP
Holds reduction champion



My Healthcare Journey

2020 Started with La Red Healthcare Center as the Behavioral Health Administrator

- Grant writing/management

- Staff performance reviews

- Customer service

- Training

- Crisis intervention

- Community outreach

 - Haircuts for people experiencing homelessness

 - Health and Resource Fair

 - Feeding thousands with Mountaire Farms (Thanksgiving and Easter)

 - Homeless Outreach Day (FQHC)

 - Community refrigerators



My Healthcare Journey

Supervise providers

Psychiatric Nurse Practitioners

LCSW/LPMHC

Certified Drug and Alcohol Counselor (CDAC)

Nurse

Medical Assistant

Homeless Outreach Case Manager

