

BROKEN BONES & THEN SOME

A Day in the Life of a Pediatric Orthopaedic Surgeon

JUSTIN CONNOR, M.D.

BOARD CERTIFIED ORTHOPAEDIC
SURGEON



ORTHOPAEDIC INSTITUTE

DISCLOSURES

- Growing Bones Pediatric & Neuromuscular Orthopaedic Institute is a private practice owned and operated by Dr. Justin Connor, MD
- There are no financial affiliations with the information presented





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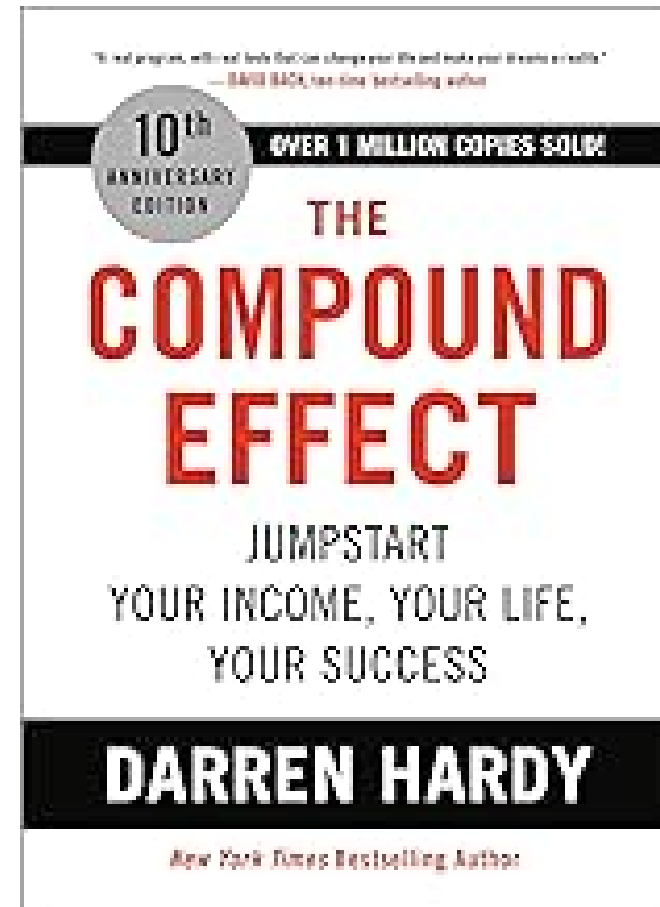
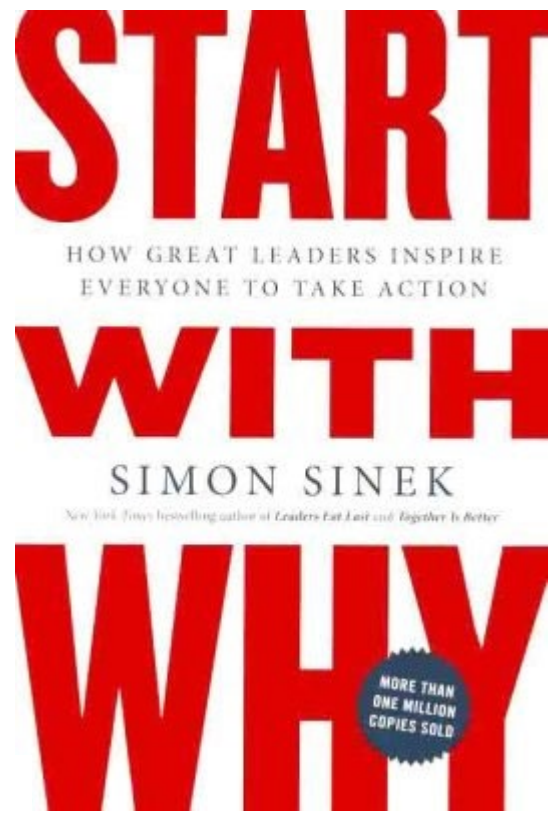


What grade are you in?

- 6th - 8th
- 9th or 10th
- 11th or 12th
- College



WHY DO YOU WANT TO BE A PHYSICIAN?





< Activities



Visual settings



Edit



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Why do I want to be a physician?

Nobody has responded yet.

Hang tight! Responses are coming in.

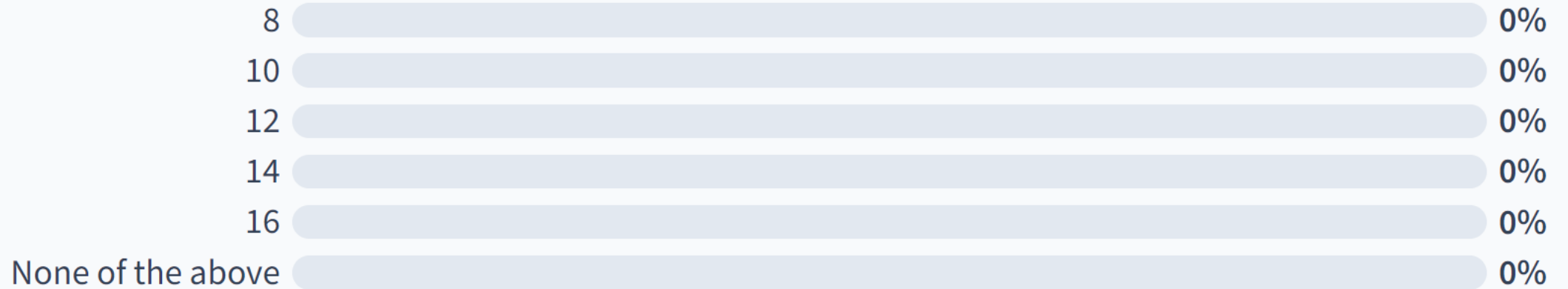




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How many years of education are required AFTER high school to become a pediatric orthopaedic surgeon?



EDUCATION TIMELINE



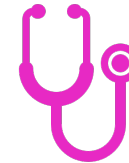
1997– High School
Graduation



2001– College
Graduation



2005– Medical School
Graduation



2010– Orthopaedic
Surgery Residency
Completed



2011– Pediatric
Orthopaedic Surgery
Fellowship Completed

14
Years

HOW DO I DECIDE?

- How would you like to help people

- Surgical
- Nonsurgical
- Academic
- Administrative
- Public Health



- In what setting would you like to help them

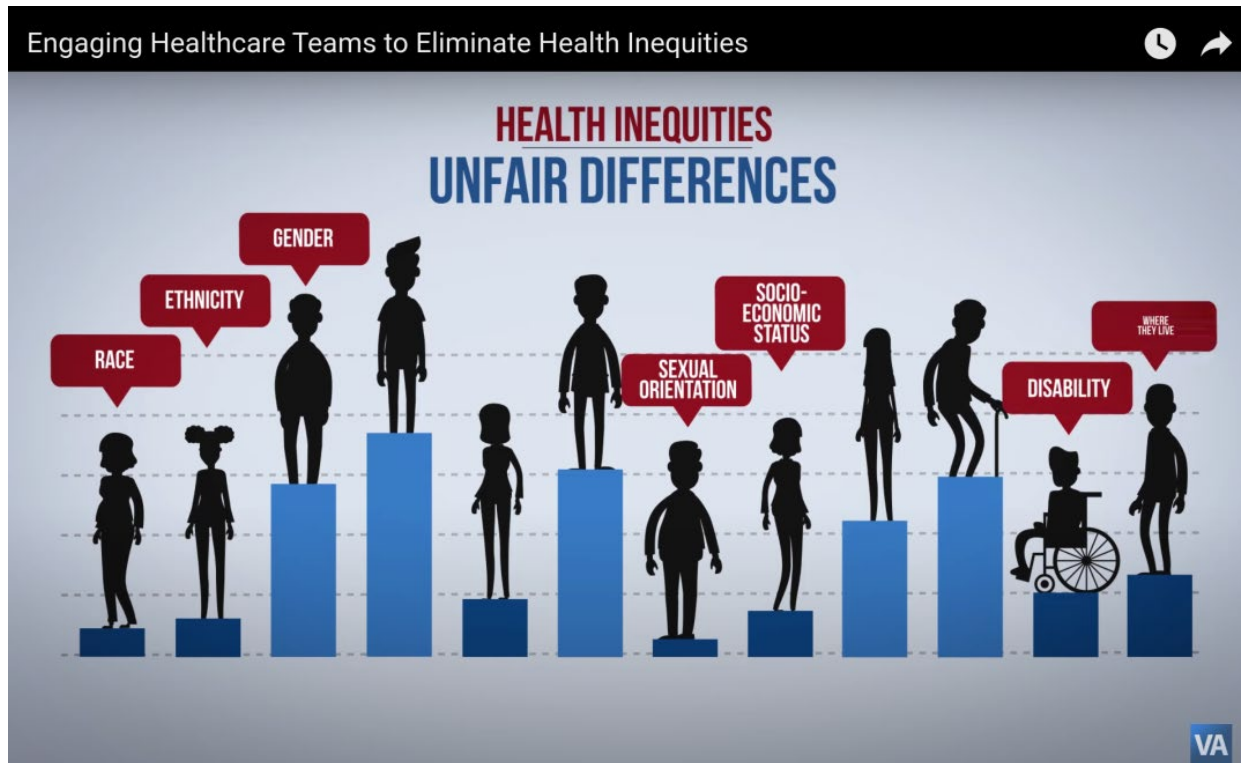
- Primary Care
- Specialty Care
- Emergency Care
- Research
- Policy
- Health Care Delivery
- Medical Devices
- Forensics
- Pharmacology

ABOUT DR. CONNOR

- Attended Morehouse College in Atlanta, GA with a major in Biology
- Earned a medical degree from Washington University School of Medicine in Saint Louis, Missouri
- Completed his orthopaedic surgery residency at Howard University Hospital in Washington, D.C
- Completed a pediatric orthopaedic surgery fellowship at Alfred I. DuPont Hospital for Children in Wilmington, Delaware
- Led the orthopaedic branch of the Spina Bifida Program and was an interpreting physician in the nationally accredited Gait and Motion Analysis Laboratory at Nemours Children's Hospital
- Founded Growing Bones Pediatric & Neuromuscular Orthopaedic Institute in Dover, DE



THIS WAS MY “WHY”



WHY ORTHOPAEDICS?



Habitat
for Humanity®



GROWING BONES SERVICES

- Pediatric Orthopaedics
- Neuromuscular Orthopaedics
- Adult Transitional Orthopaedics
- Spasticity Management
- Gait Analysis
- Sports Medicine



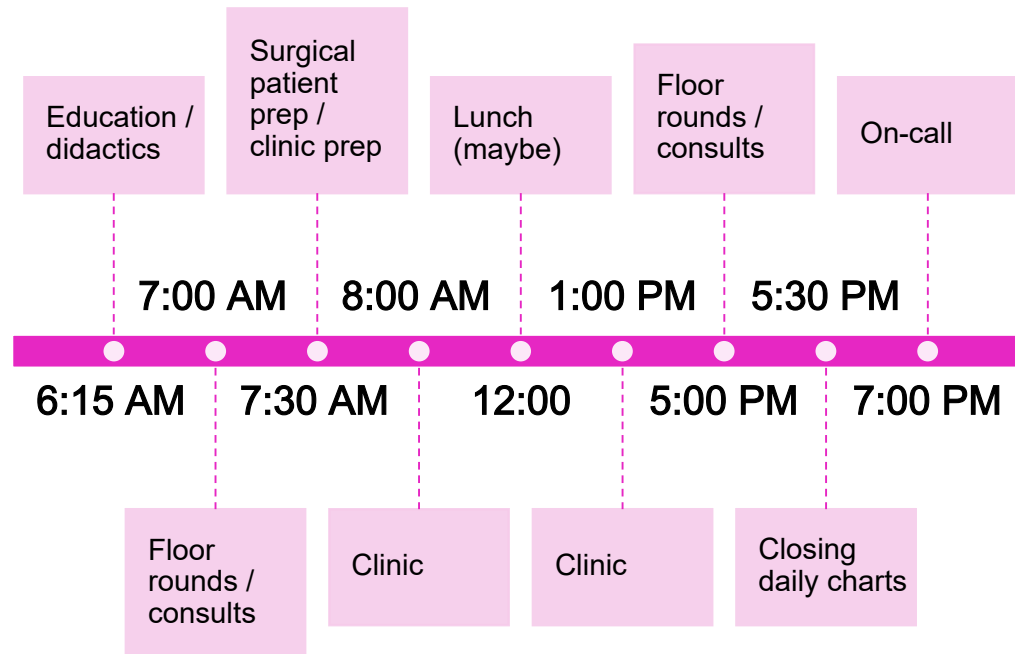
KIDS ARE UNIQUE

- Not just “small adults”
- Some conditions are unique only to children
- Some conditions are time sensitive
- Different expectations and tolerances at different ages
- Remodeling potential



photo: www.bayhealth.org

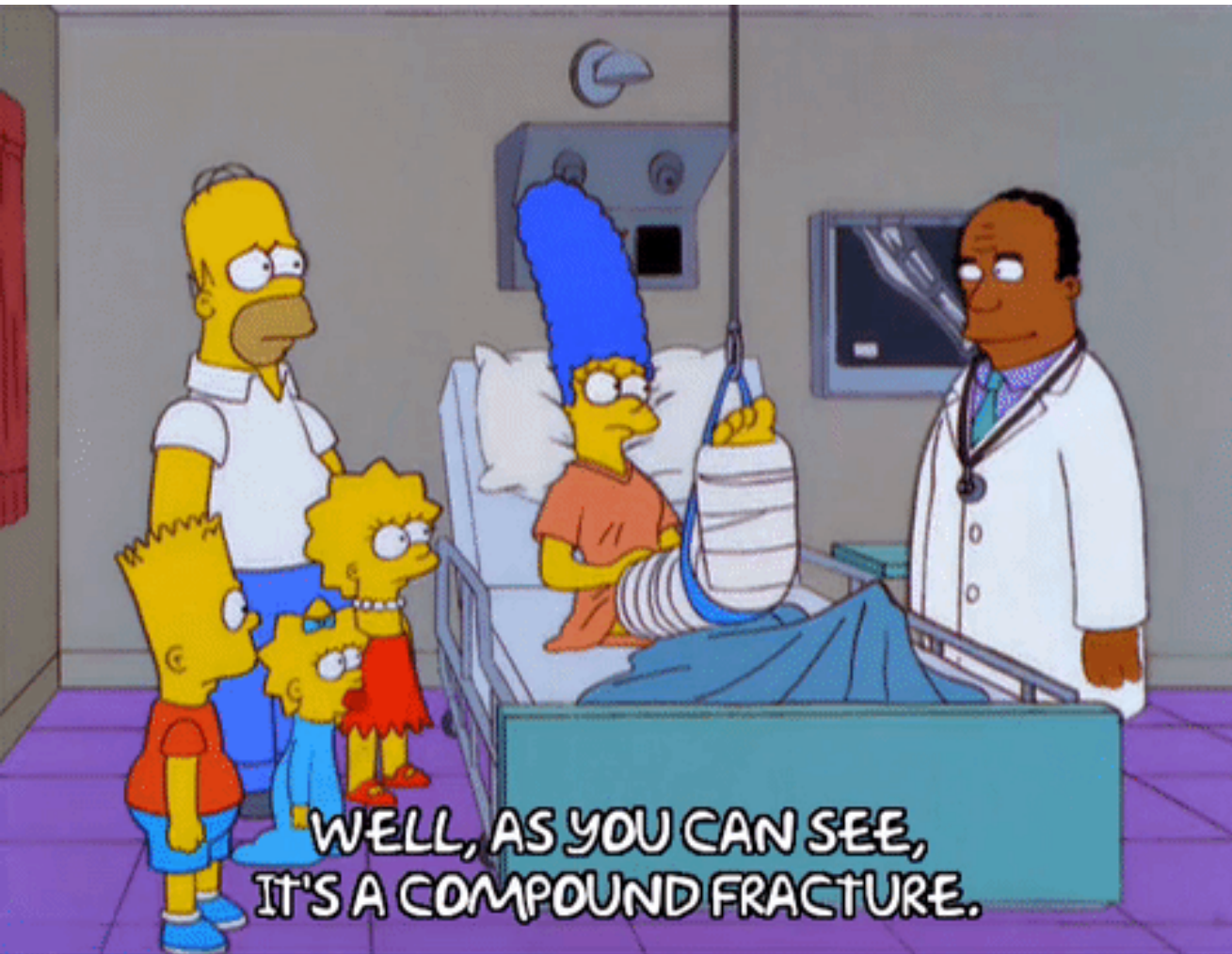
A DAY IN MY LIFE



- Additional Duties

- Research
- Continuing medical education
- Speaking engagements
- Committees and community service
- Work-life balance

IMAGING

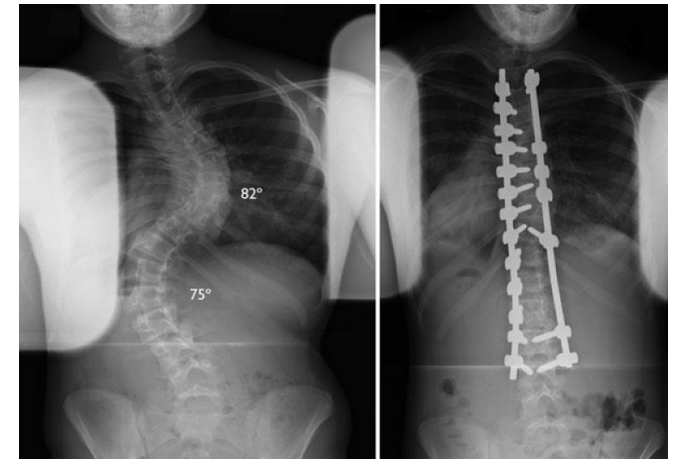
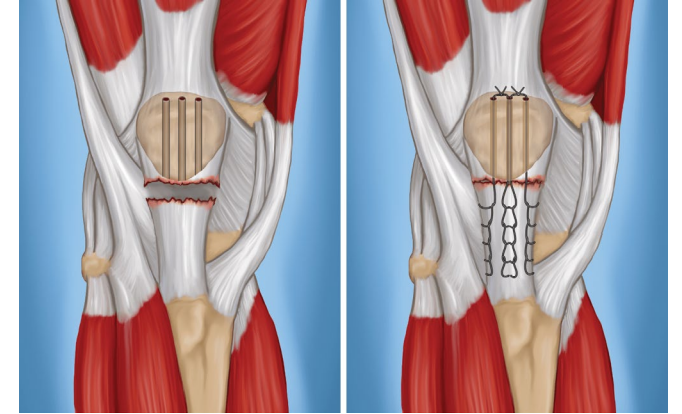


- X-rays
- CT scans
- MRI scans



WHAT DO WE TREAT

- Fractures
- Muscular Conditions
- Tendon Conditions
- Neurologic Conditions
- Growth Abnormalities
- Nerve Injuries
- Sports Injuries
- Congenital Abnormalities

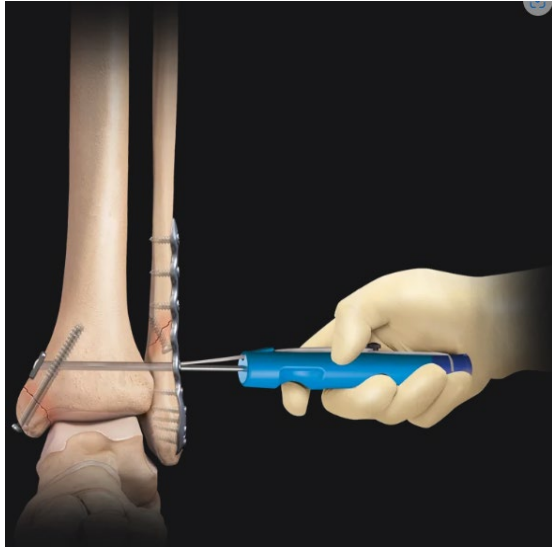


SPRAINS

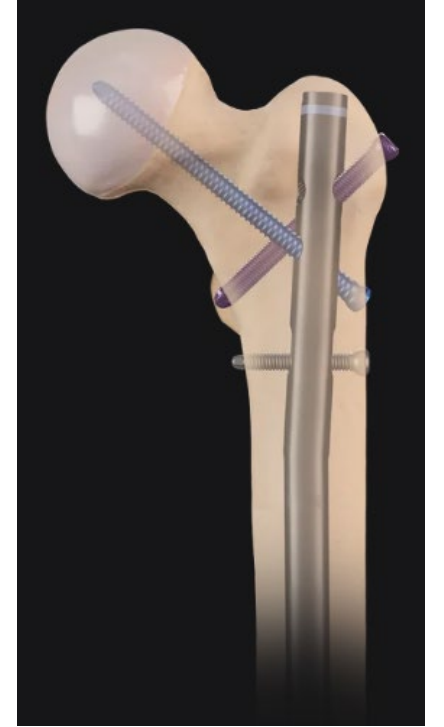
- A sprain is a stretch and/or tear of a ligament, a strong band of connective tissue that connects the end of one bone with another. Ligaments stabilize and support the body's joints.
- **Grade 1 sprain (mild):** Slight stretching and some damage to the fibers of the ligament.
- **Grade 2 sprain (moderate):** Partial tearing of the ligament. There is abnormal looseness (laxity) in the joint when it is moved in certain ways.
- **Grade 3 sprain (severe):** Complete tear of the ligament. This may cause significant instability.



FRACTURES



Craftibilities.com



WHY WE TREAT

- Improve Function
- Improve Quality of Life
- Decrease Pain
- Minimize Deformity



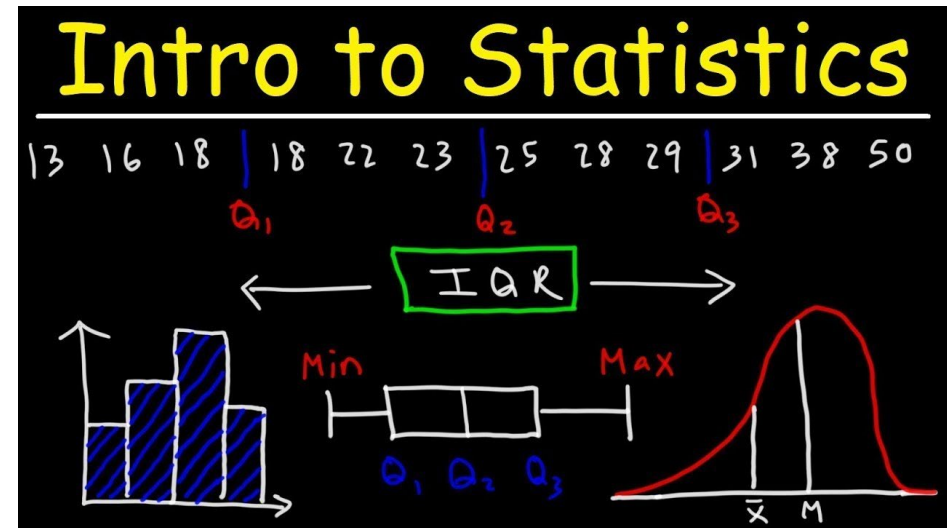
QUESTIONS



- What is it like to do surgery?
- How long are your surgeries?
- Aren't you nervous?



STATISTICS





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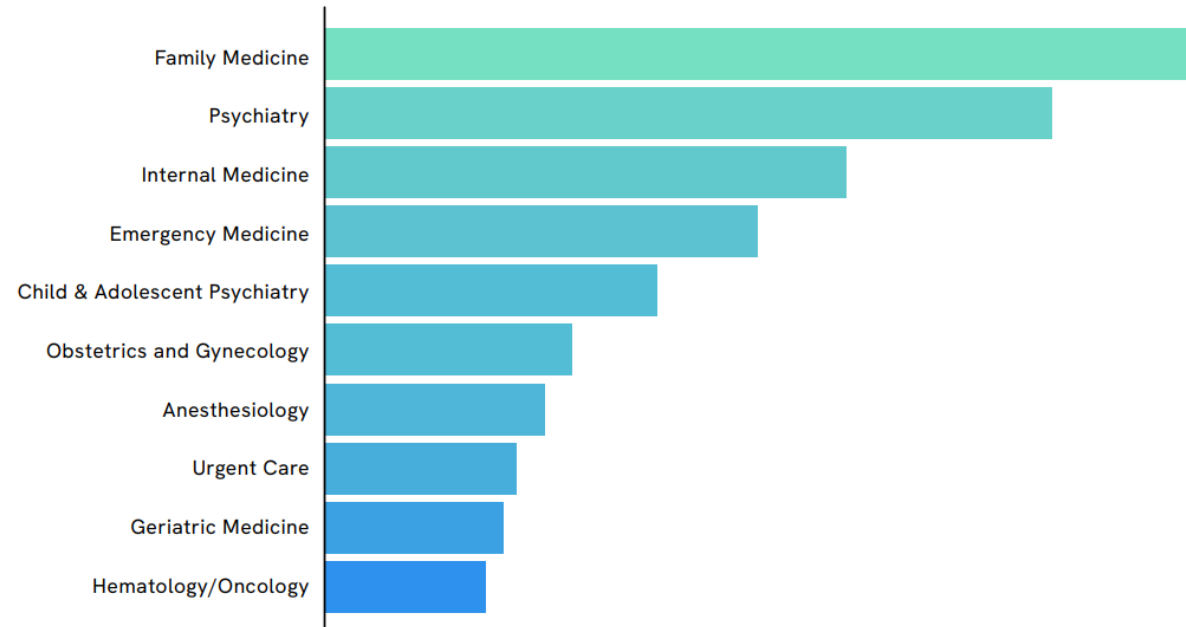


Which category of specialties in medicine is/are in the most demand for new physicians?



MOST IN DEMAND SPECIALTIES

Top 10 Specialties Based on Demand

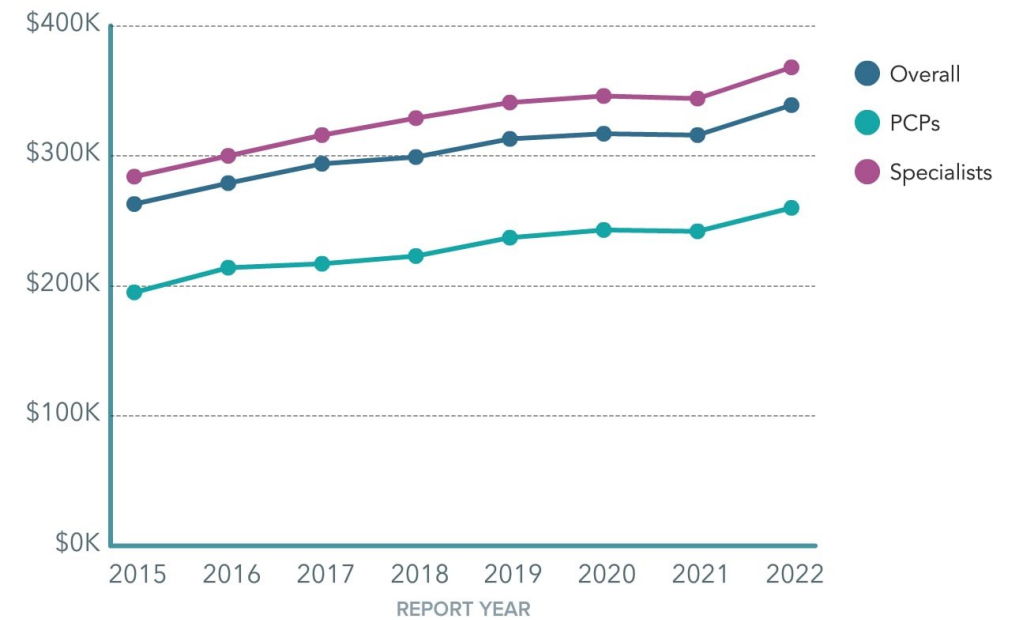


doximity + curative

PHYSICIAN SALARY TRENDS

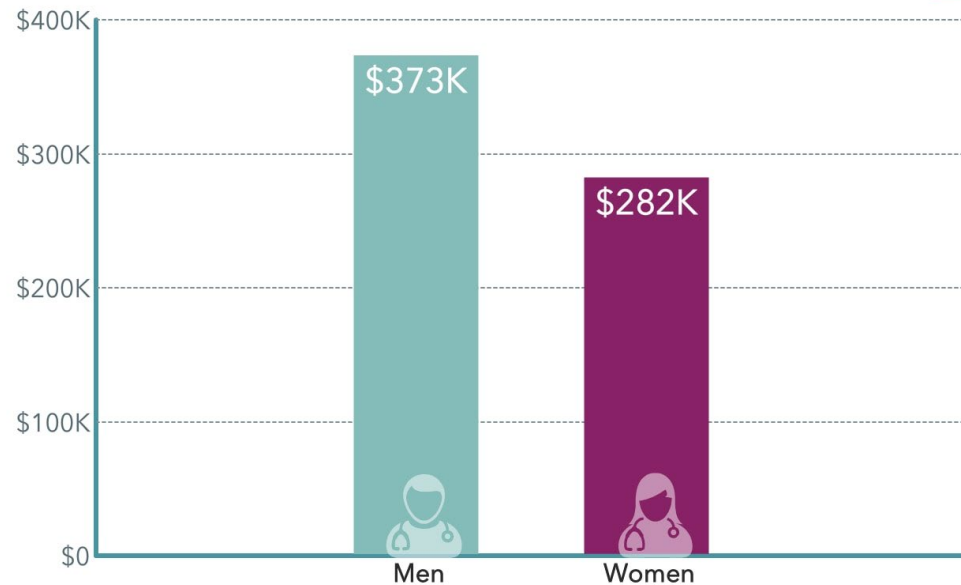


Physician Salary Trends

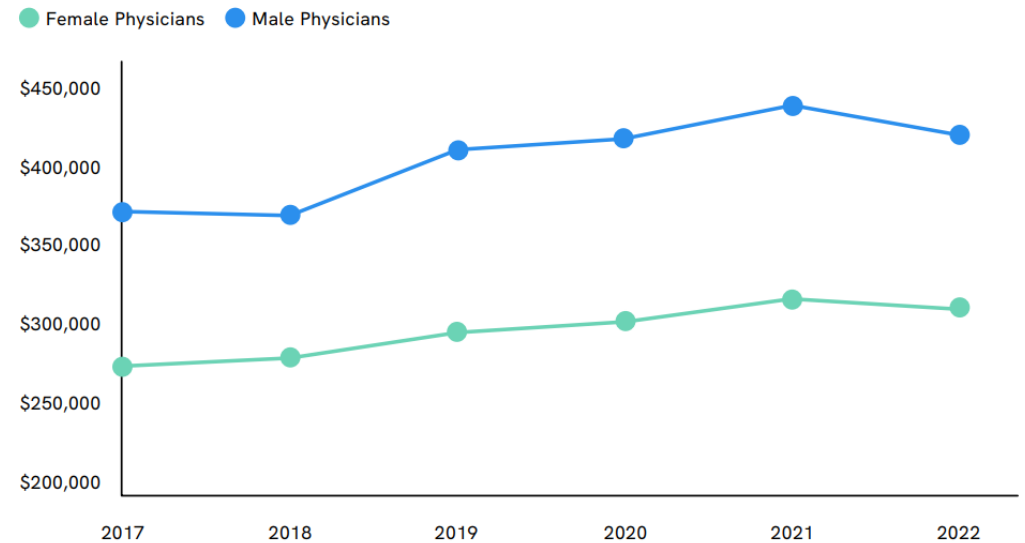


COMPENSATION GENDER GAP

Which Physicians Earn More: Men or Women?



Physician Average Annual Compensation





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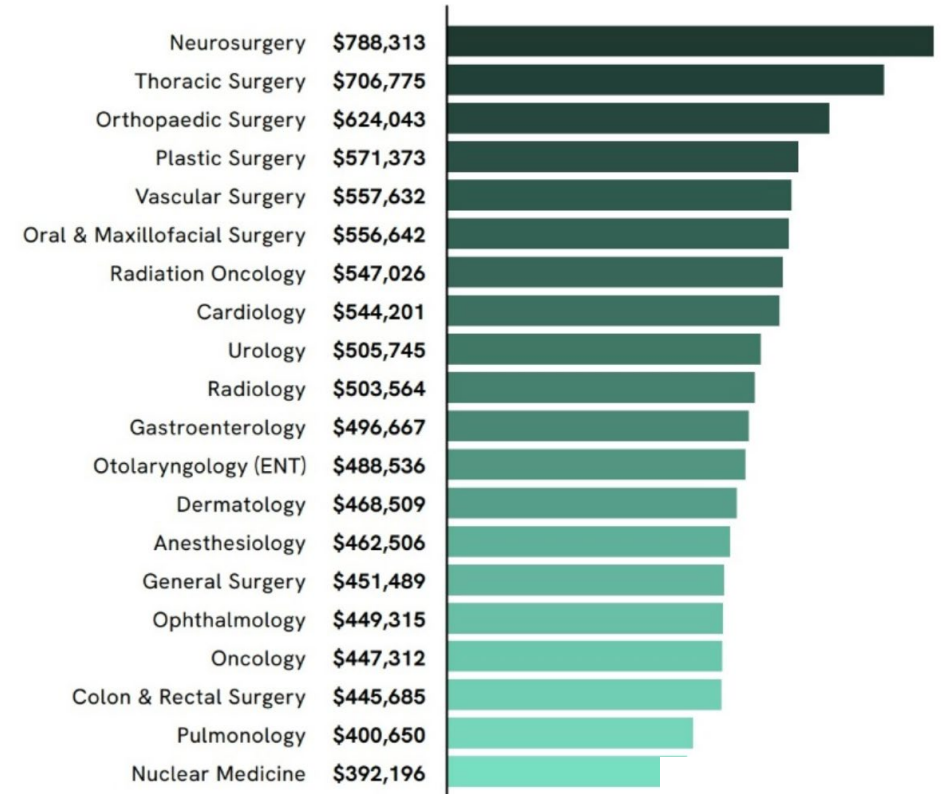
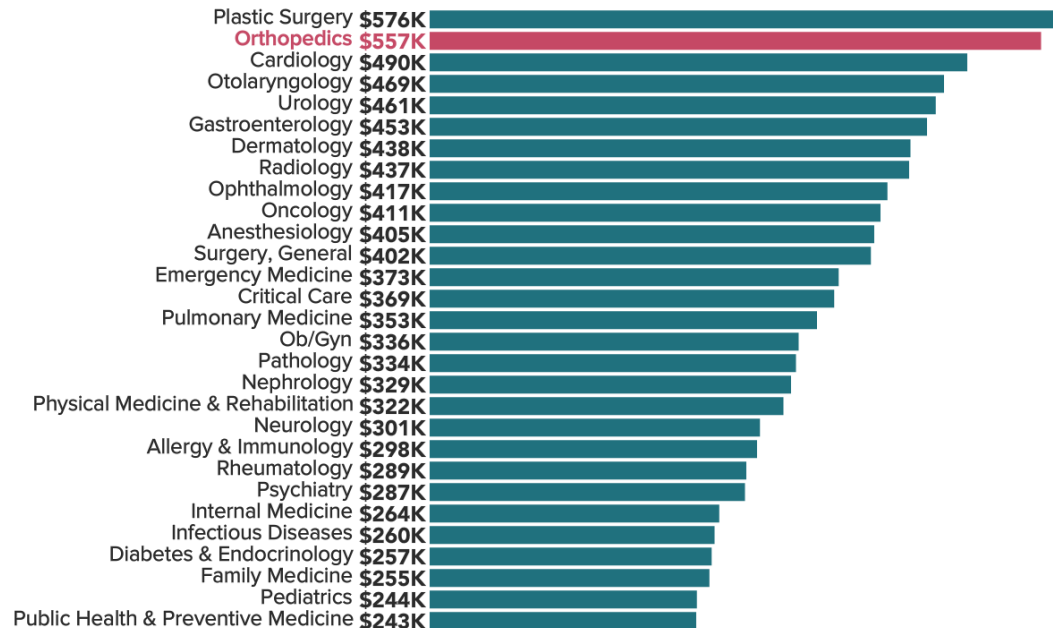
What is the Average Orthopaedic Surgeon Salary in America

- (A) \$250,000 - \$350,000
- (B) \$350,000 - \$450,000
- (C) \$450,000 - \$550,000
- (D) \$550,000 - \$650,000
- (E) \$650,000 - \$750,000
- (F) > \$750,000



AVERAGE ORTHOPAEDIC SALARIES

How Much Did Orthopedists Earn?



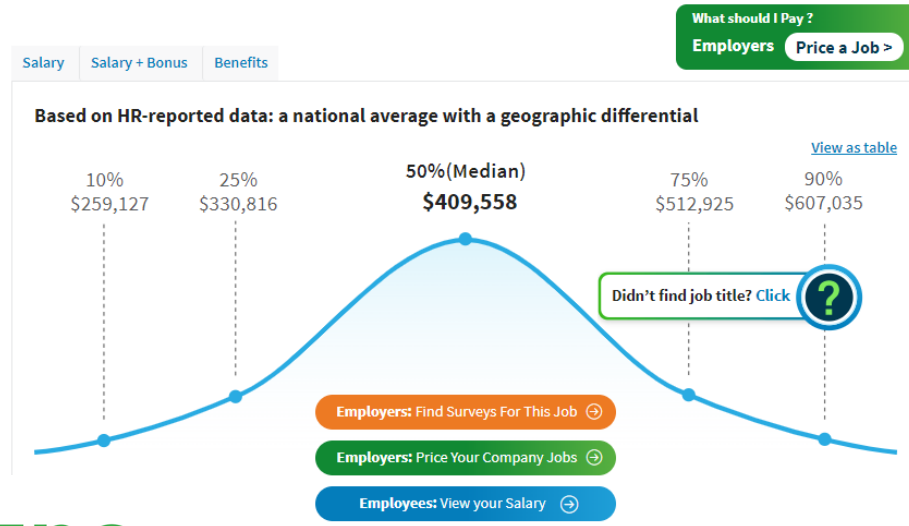
PEDIATRIC ORTHOPAEDIC SURGEON SALARIES

Pediatric Orthopedic Surgeon Salary in Delaware

How much does a Pediatric Orthopedic Surgeon make in Delaware? The average Pediatric Orthopedic Surgeon salary in Delaware is **\$409,558** as of January 26, 2024, but the range typically falls between **\$330,816** and **\$512,925**. Salary ranges can vary widely depending on the city and many other important factors, including education, certifications, additional skills, the number of years you have spent in your profession.

[View Minimum Wage Values in Delaware](#)

- [Develop a Job description](#)
- [Pay Equity](#)
- [Salary Grading Scale](#)
- [Pay Strategy](#)

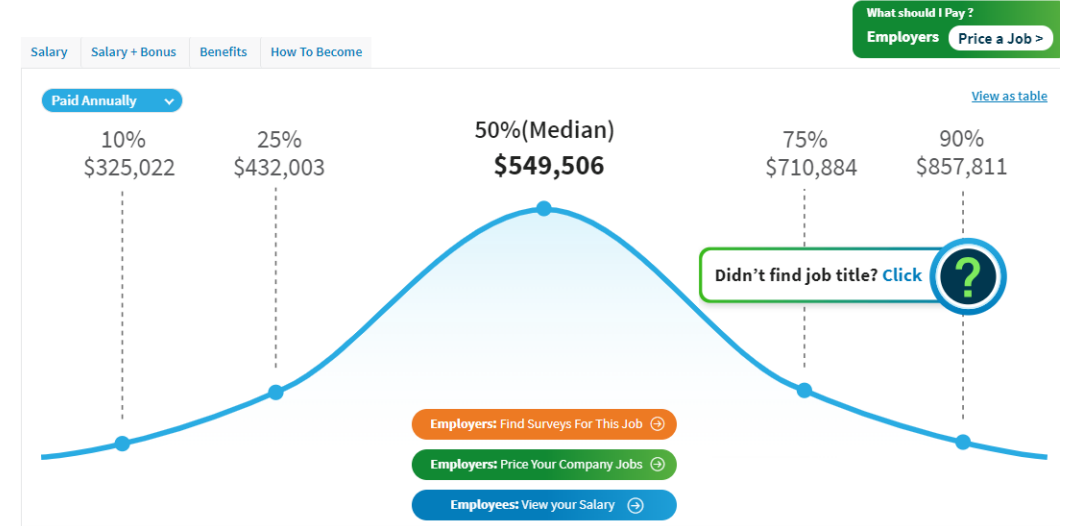


Surgeon - Orthopedic Salary in Delaware

How much does a Surgeon - Orthopedic make in Delaware? The average Surgeon - Orthopedic salary in Delaware is **\$549,506** as of January 26, 2024, but the range typically falls between **\$432,003** and **\$710,884**. Salary ranges can vary widely depending on the city and many other important factors, including education, certifications, additional skills, the number of years you have spent in your profession.

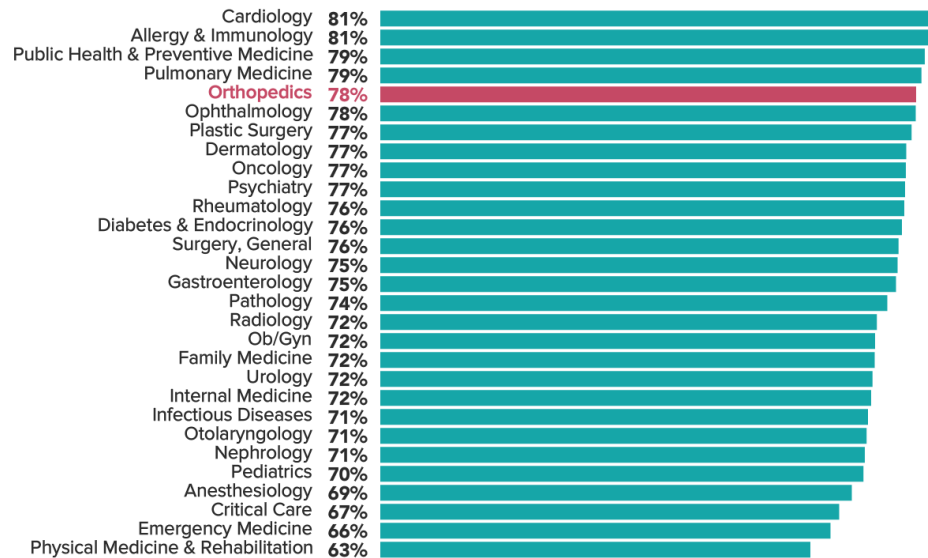
[View Minimum Wage Values in Delaware](#)

- [Compensation Planning](#)
- [Bonus Calculator](#)
- [Develop a Job description](#)
- [Pay Equity](#)
- [Job Skill Model](#)

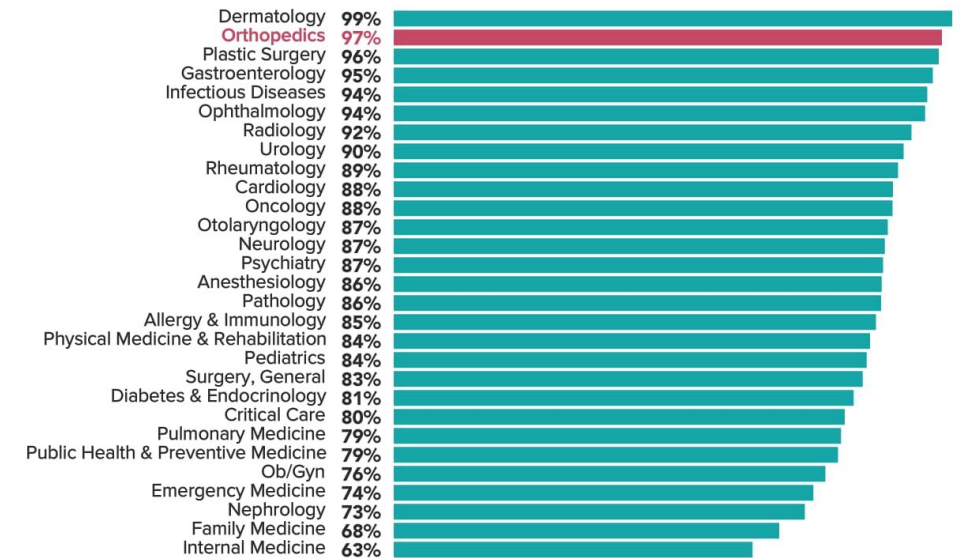


SPECIALTY SATISFACTION

I Would Choose Medicine Again

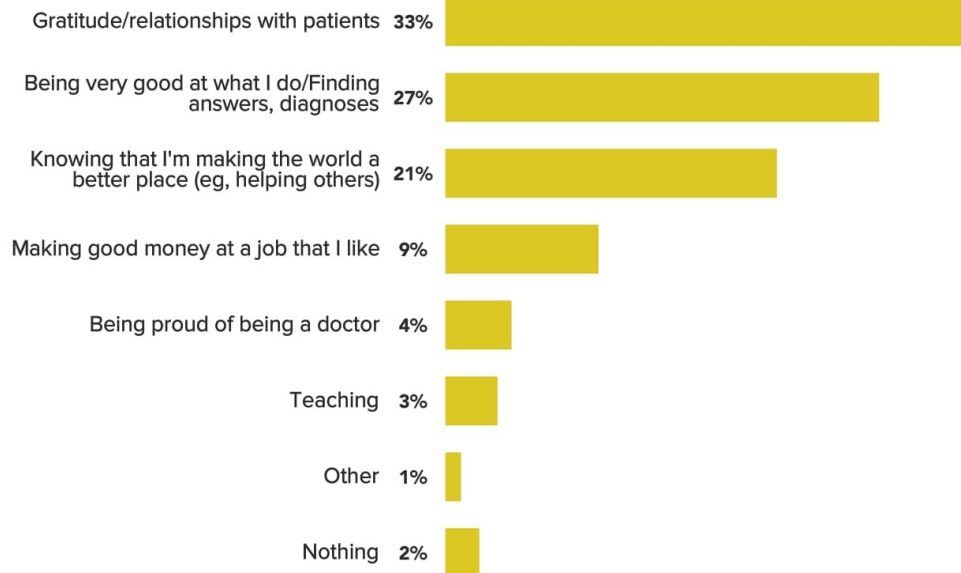


I Would Choose My Specialty Again

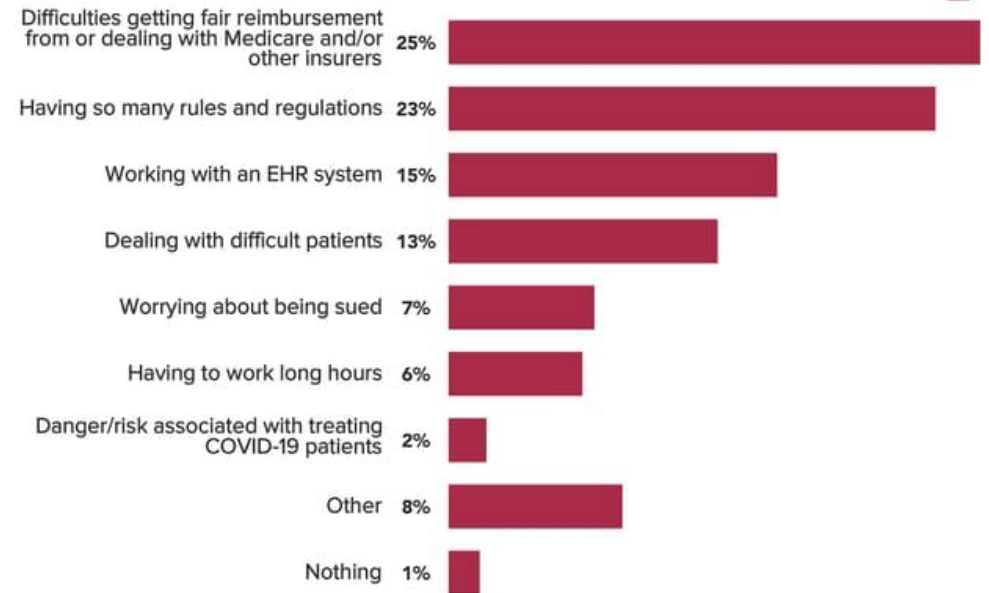


PHYSICIAN SATISFACTION

What Is the Most Rewarding Part of Your Job?

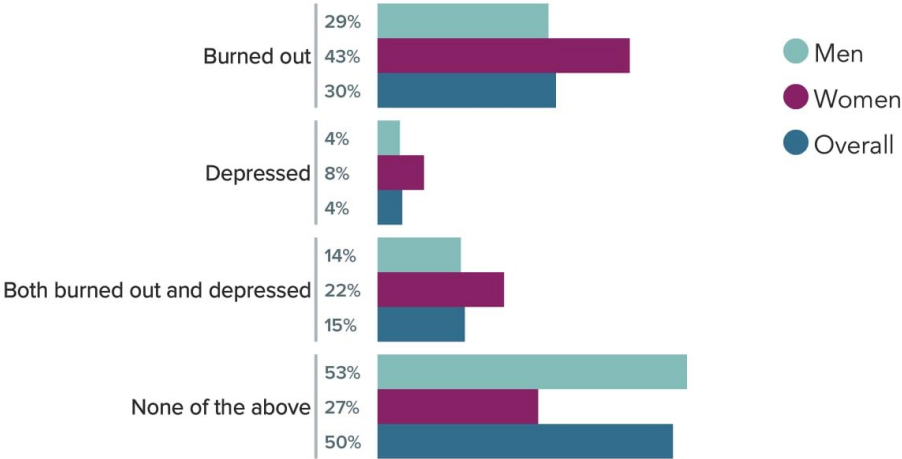


What Is the Most Challenging Part of Your Job?



PHYSICIAN BURNOUT

Are Orthopedists Burned Out and/or Depressed?

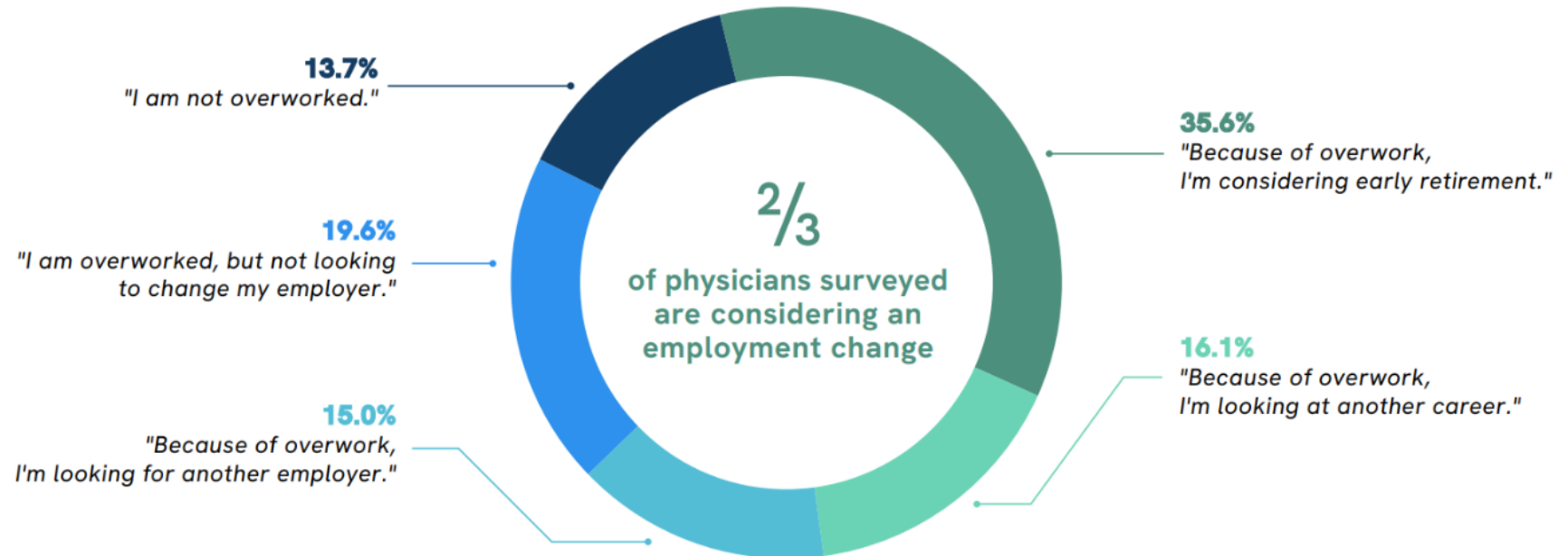


What Contributes Most to Orthopedists' Burnout?



EFFECTS OF BURNOUT

How has your clinical workload altered your career plans?





Cancel



Multiple choice

Ask a question and people choose a response from a set list of answers.

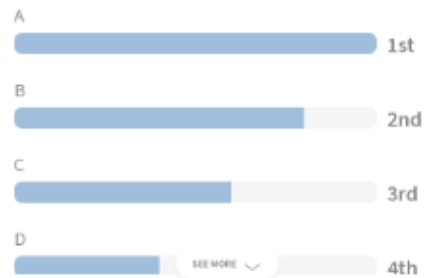
Untitled open-ended question

Could you repeat the first part? ☆

Word cloud

Visualize words from audience comments, questions, and thoughts as a word cloud.

Untitled ranking activity

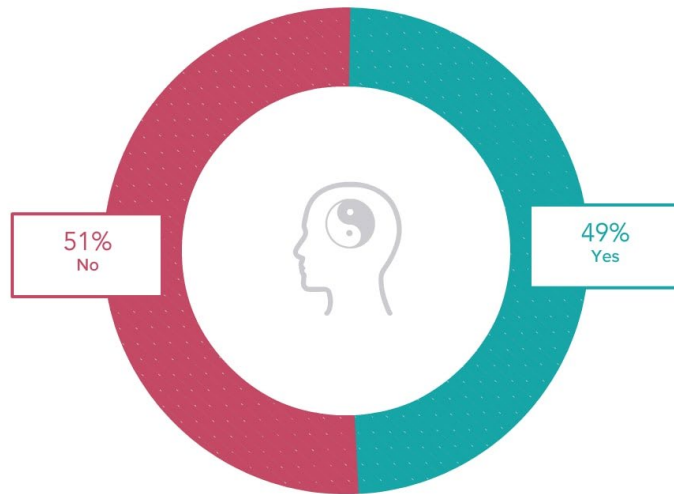


True or false

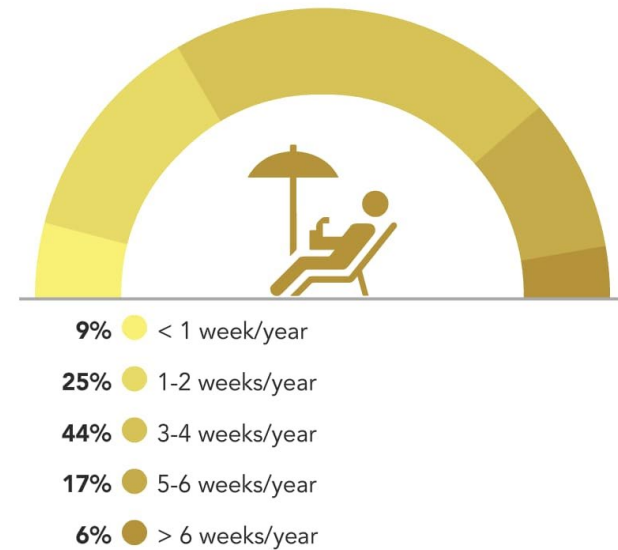
Quickly determine from your audience if a statement is true or false.

WORK -LIFE BALANCE

Would Orthopedists Take Less Pay for Better Work-Life Balance?



How Much Vacation Orthopedists Take



RESOURCES



Medscape

Orthopedist Compensation Report

Your Income vs Your Peers'

2023

The cover image for the Medscape Orthopedist Compensation Report 2023. It features a collage of images: a doctor in a white coat looking at a tablet, a stethoscope on a desk with stacks of money, and a smiling woman in a white coat.

doximity + Curative

2023
Physician Compensation Report

The cover image for the 2023 Physician Compensation Report. It features a blue background with a network of white dots and lines. The text "doximity + Curative" is in the top right corner, and "2023 Physician Compensation Report" is in the bottom left corner.

The White Coat Investor

The cover image for The White Coat Investor. It features a dark blue background with a white silhouette of a doctor in a white coat and stethoscope. The text "The White Coat Investor" is written in a white, serif font. A white microphone icon is in the bottom right corner.

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