

What is Family Medicine?



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Tonight's Objectives

You will be able to:

1. Describe the role(s) of a family physician
2. Name at least 1 practice style/setting for family physicians
3. Identify at least 1 reason why having a primary care physician is important to your health

What is Family Medicine?

A medical specialty trained to treat most ailments and provide comprehensive health care for people of all ages— from newborns to seniors

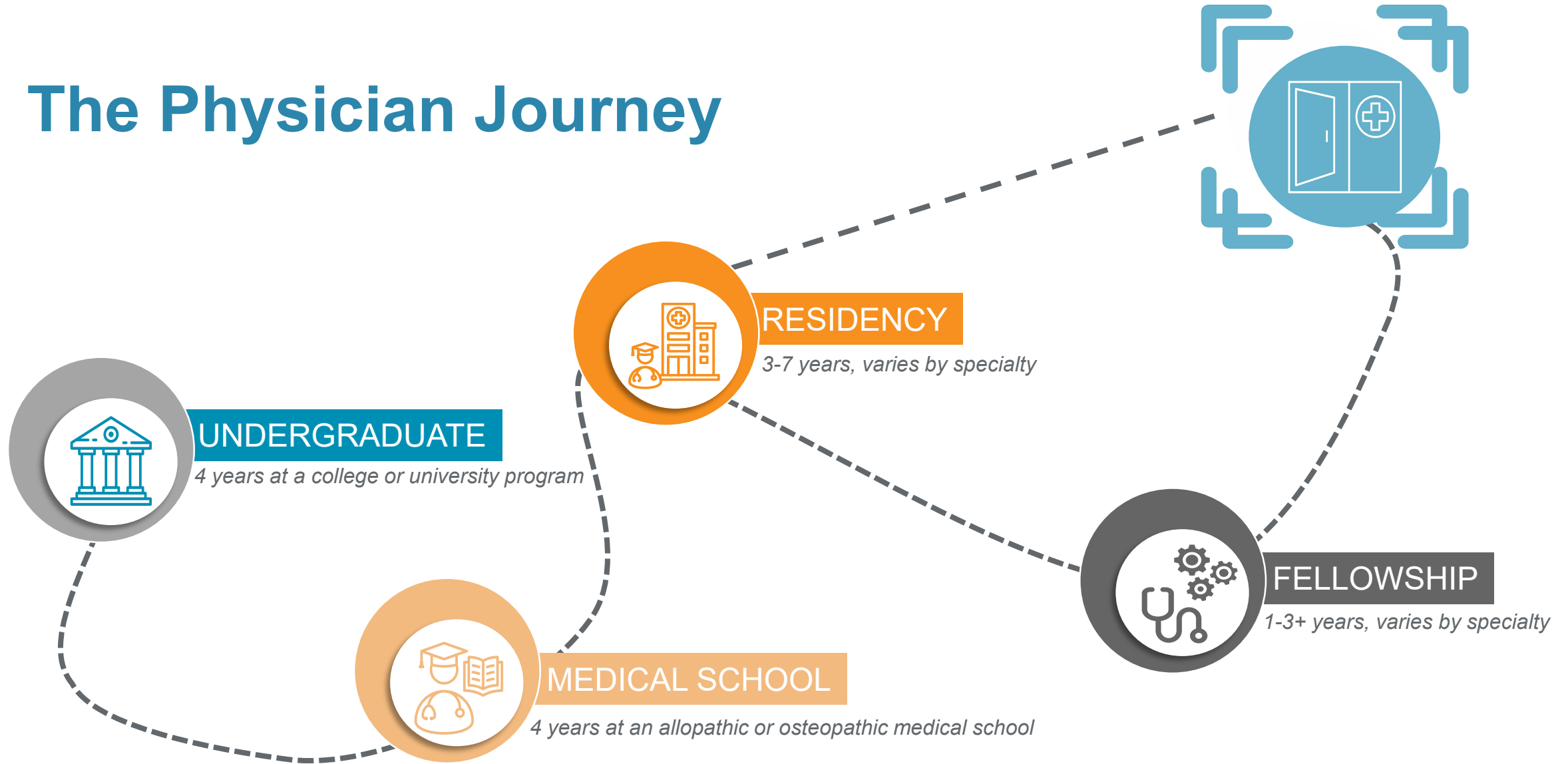


What is Family Medicine?

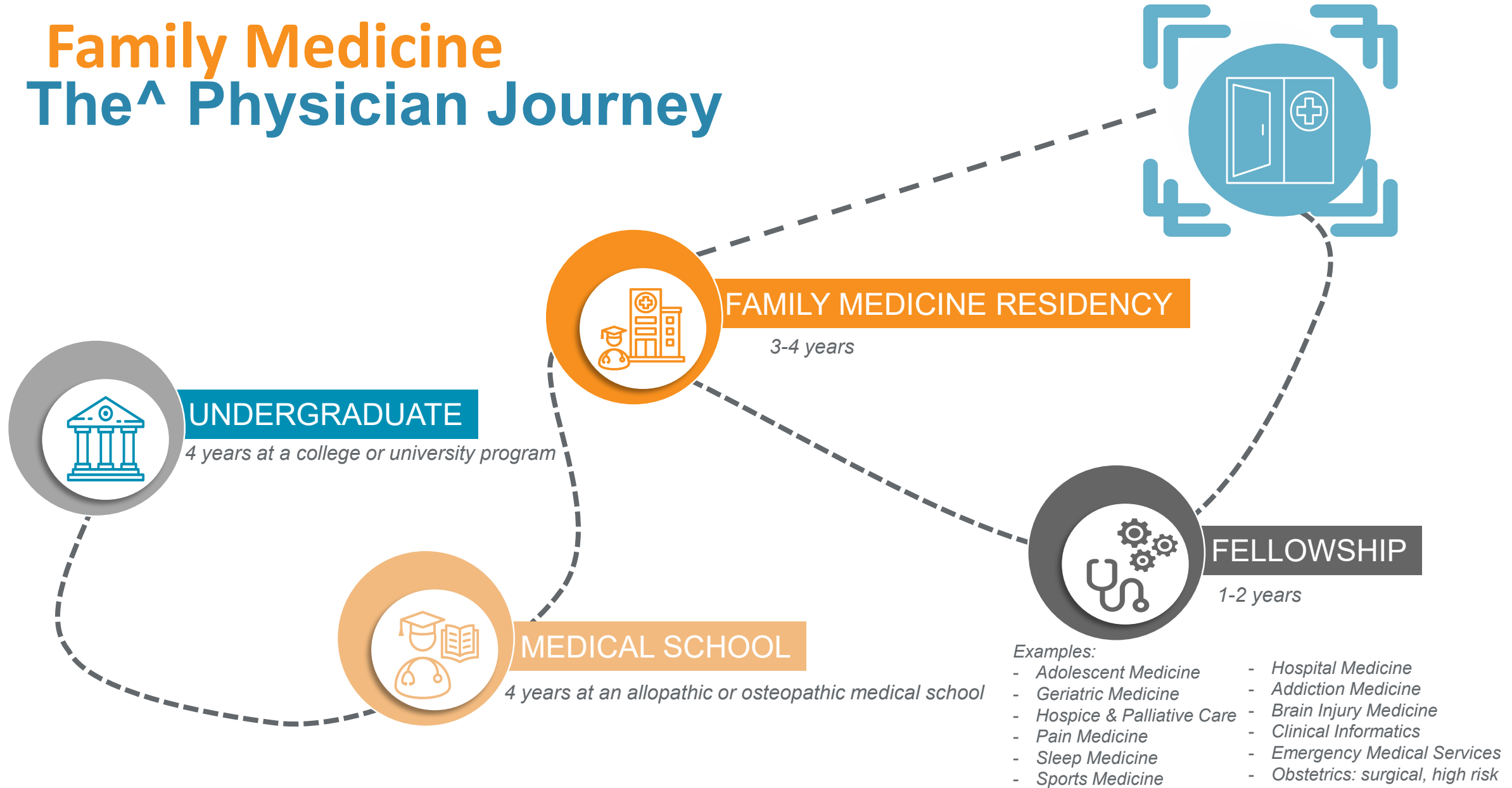
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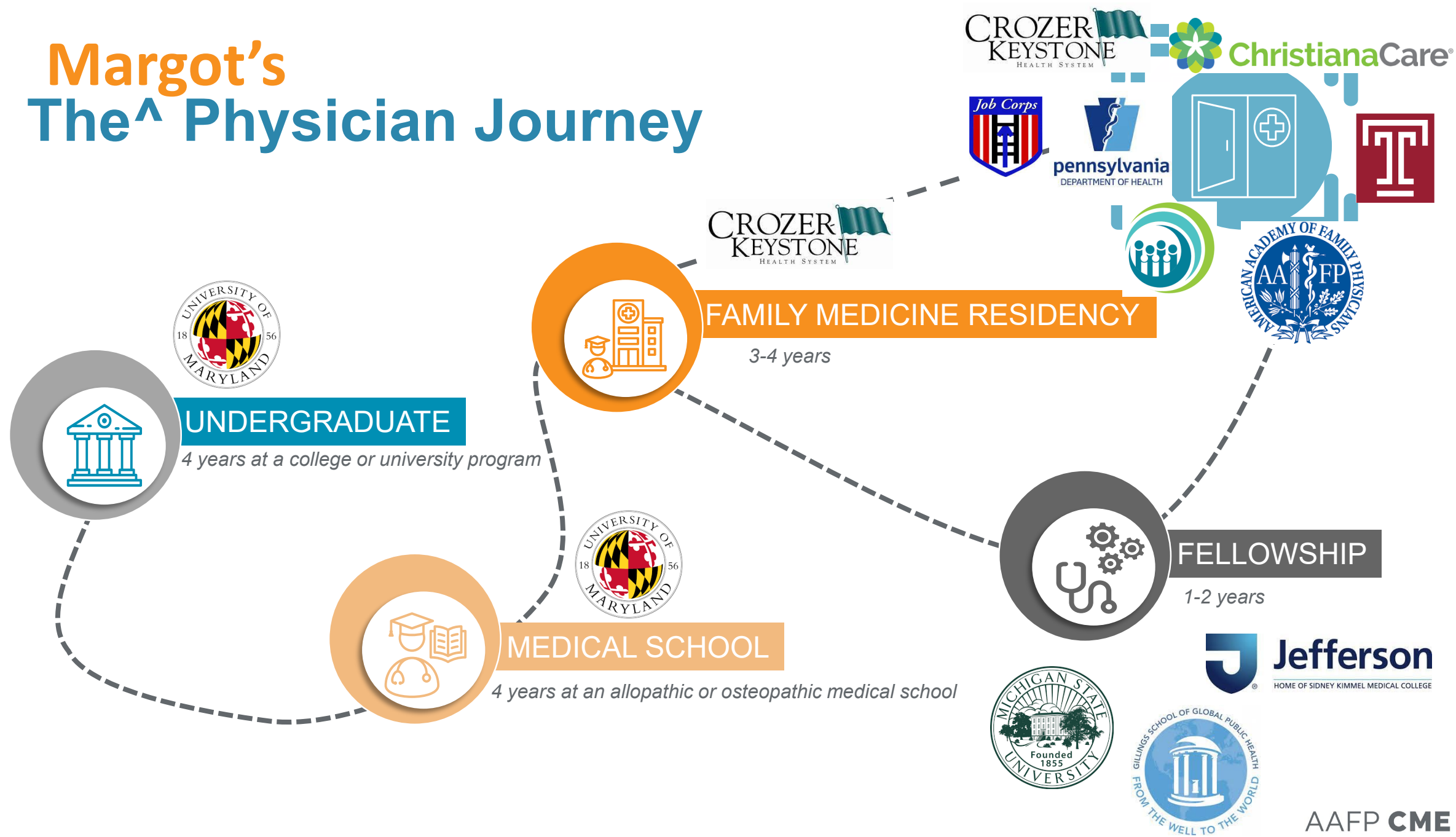
The Physician Journey



Family Medicine The[^] Physician Journey



Margot's The^ Physician Journey



#FAMILYDOCFOCUS #AAFP

Anna Askari, M.D., M.S.B.S.

“The attendings were usually family physicians, and they could see anyone because of their broad training and experience. It kept reaffirming that family medicine was right for me. You are able to provide compassionate, comprehensive and coordinated care in a range of practice settings as diverse as the specialty’s patient population itself.”



The Family Medicine Residency Experience

- Three to four years
- Each program offers something unique

Major areas of training:

- Maternity care
- Hospital medicine
- Outpatient care
- Mental health care
- Surgical procedures
- Community medicine
- End-of-life care

Continuity of Care as a continual focus.



Family Medicine

160+

Types of US Doctors

1

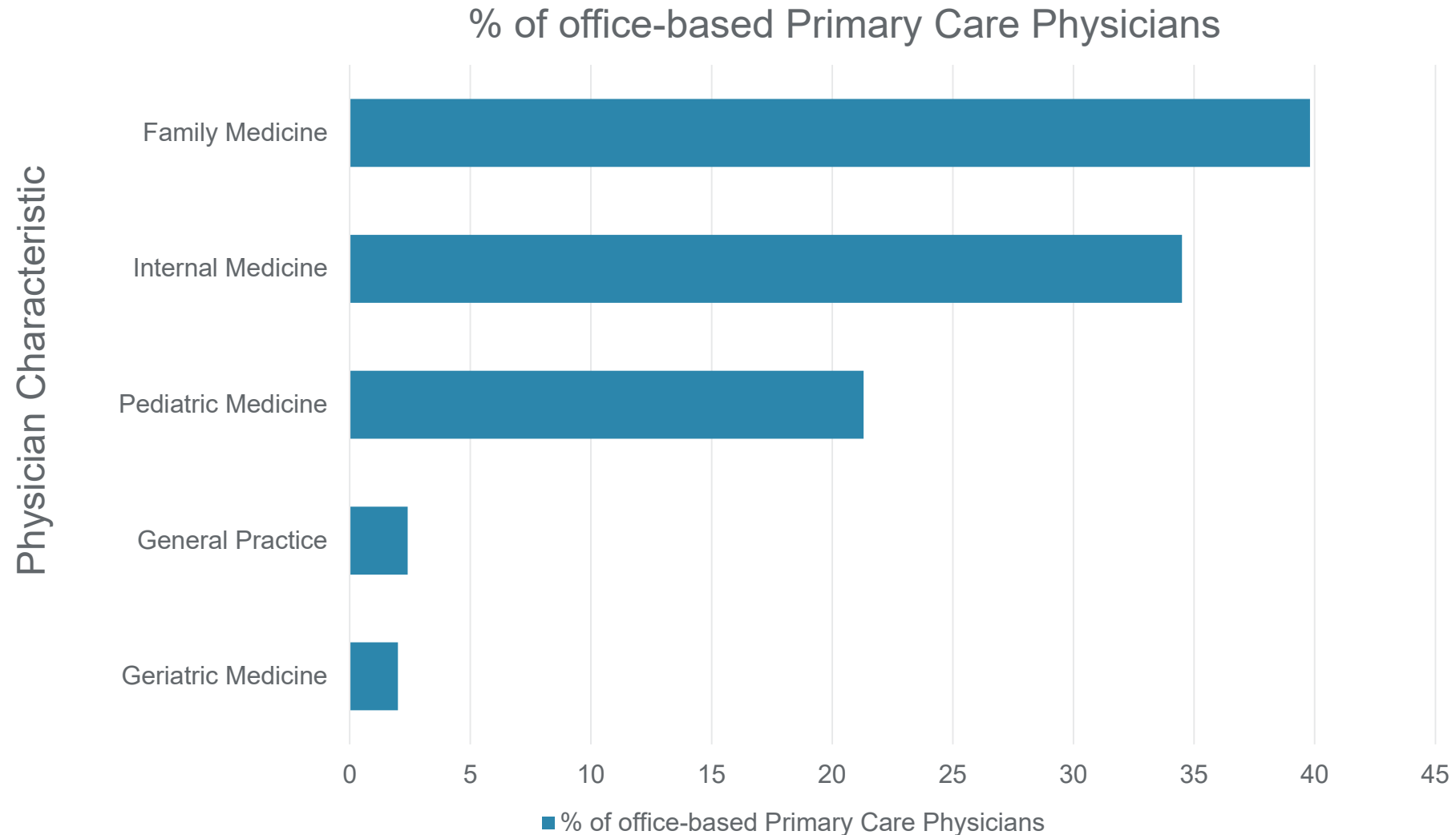
Specialty
can care
for you
your whole
life

- Caring for patients **regardless of age or health condition**, sustaining an enduring and trusting relationship
- Understanding **community-level factors and social determinants of health**
- Serving as a patient's **first contact for health concerns**
- **Navigating the health care system with patients**, including specialist and hospital care coordination and follow-up
- Using data and technology to **coordinate services and enhance care**
- Considering the impact of health on a **patient's family**

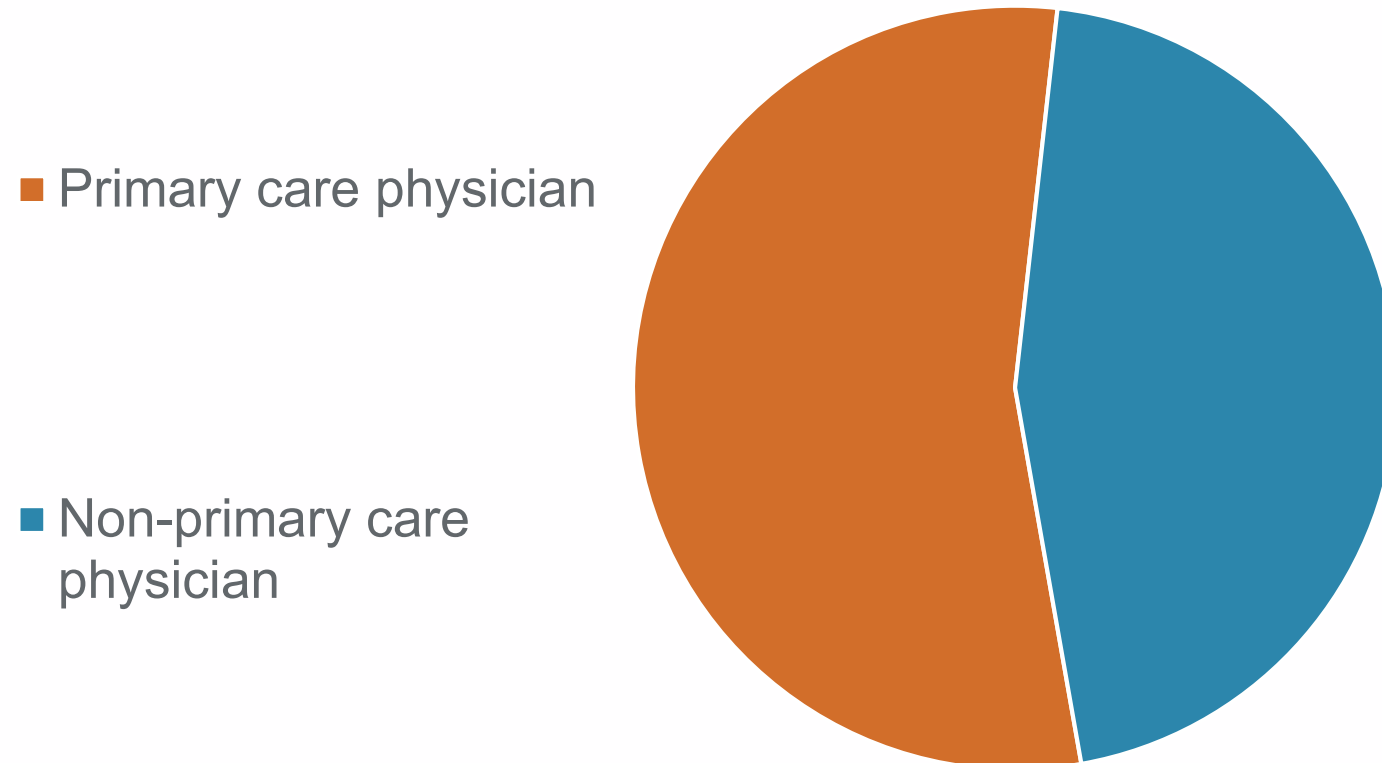
Primary Care Specialties: What's the Difference?

	Sees infants, kids	Sees adults	Comprehensive women's health + procedures	Options for specialization	Highest number of graduates practicing primary care
Family Medicine	✓	✓	✓	✓	✓
Pediatrics	✓			✓	
Internal Medicine		✓		✓	
Med-Peds	✓	✓		✓	

Who Are Primary Care Physicians?

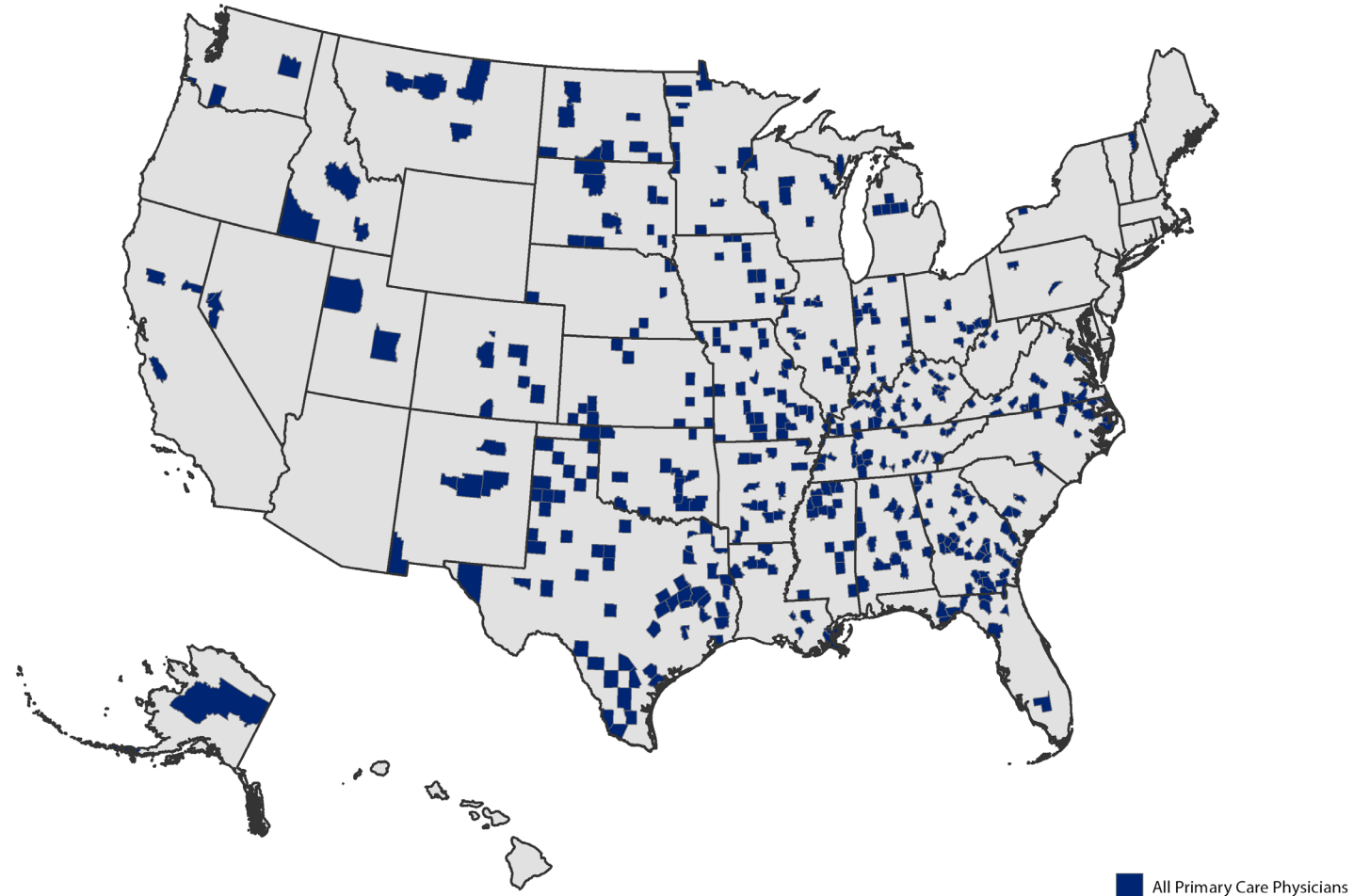


More Than Half of All Office Visits in the US are to a Primary Care Physician



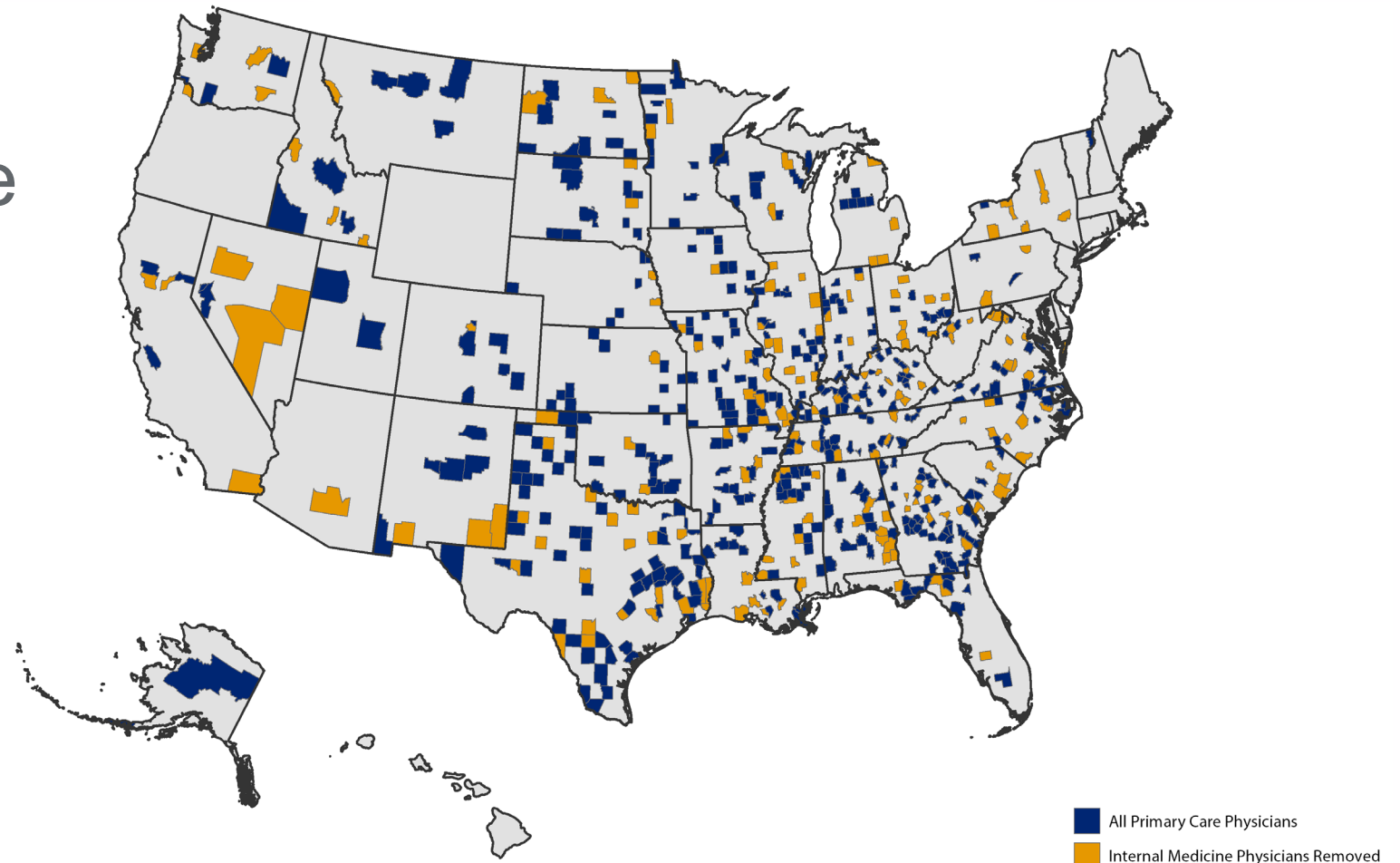
Primary Care, Underserved Areas

The areas in blue represent all the parts of the country where there are >3,000 people to 1 primary care physician



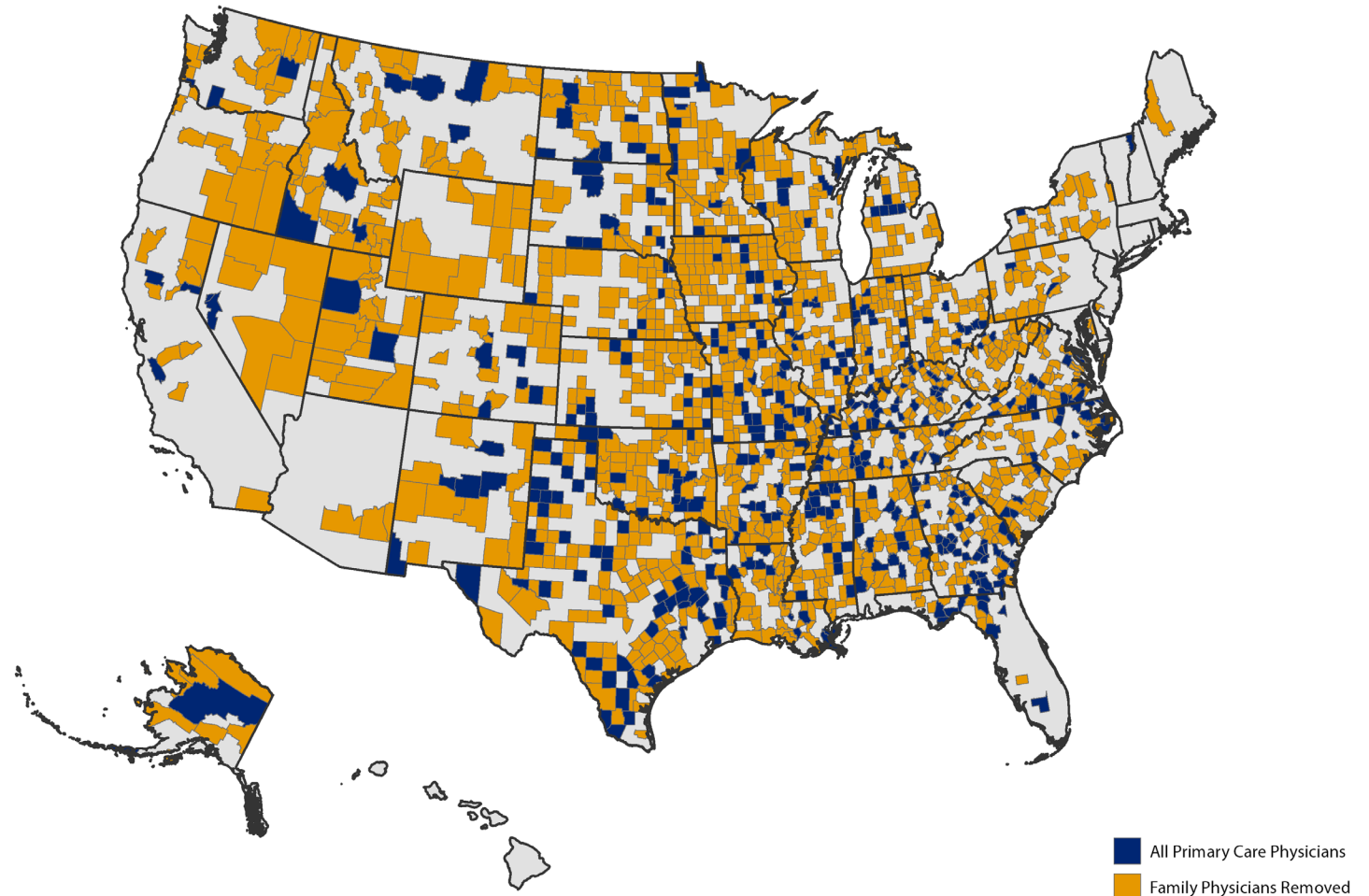
Primary Care Underserved Areas, No Internists

The areas in yellow represent all the new parts of the country where there would be >3,000 people to 1 primary care physician if internists left



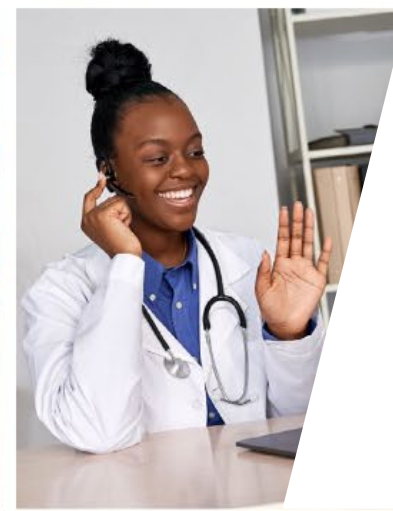
A Country with no Family Medicine...

The areas in yellow represent all the new parts of the country where there would be >3,000 people to 1 primary care physician without Family Medicine



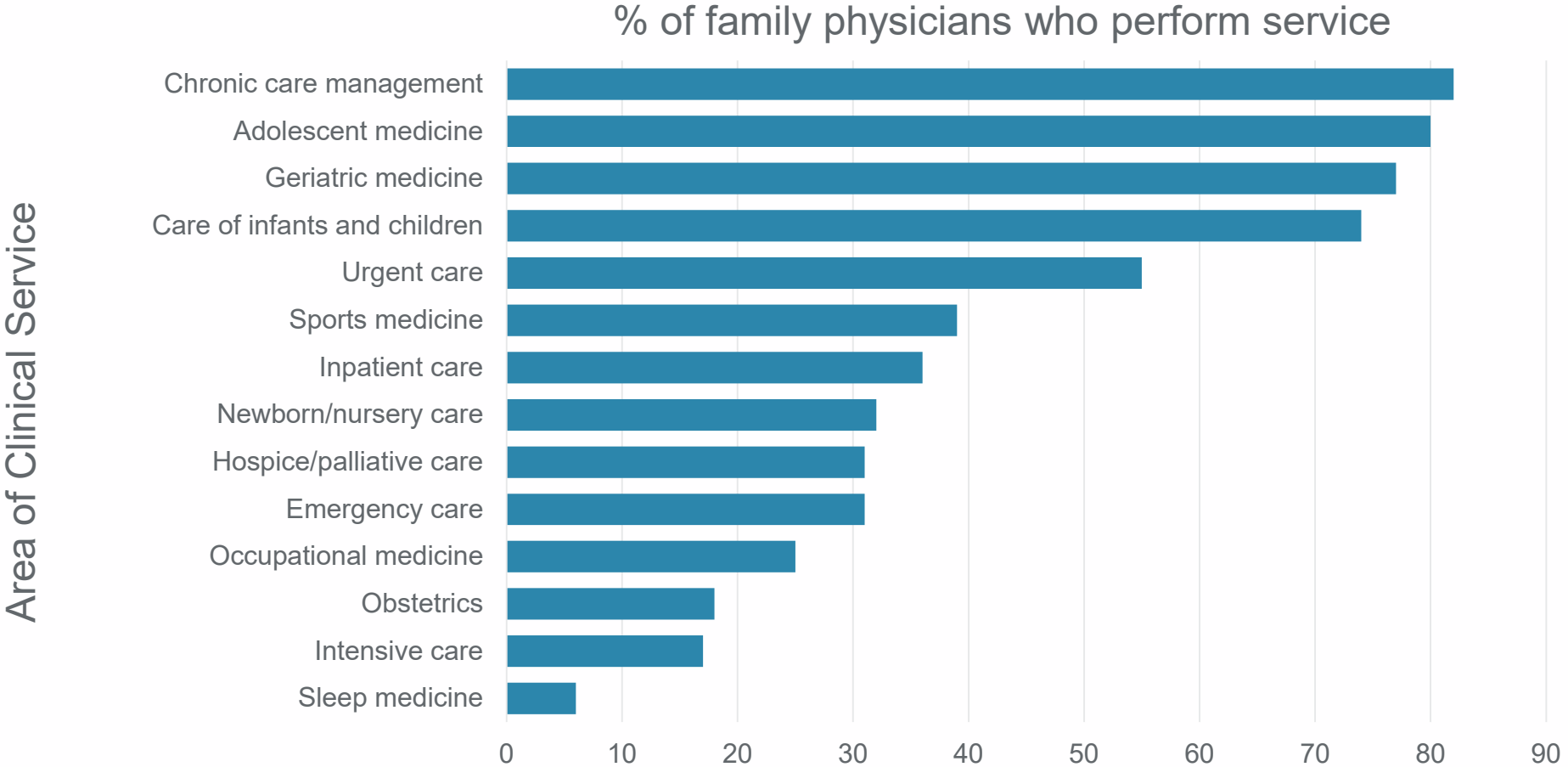


The 4 Cs of Primary Care



Care that is
first-contact,
comprehensive,
continuous, and
coordinated

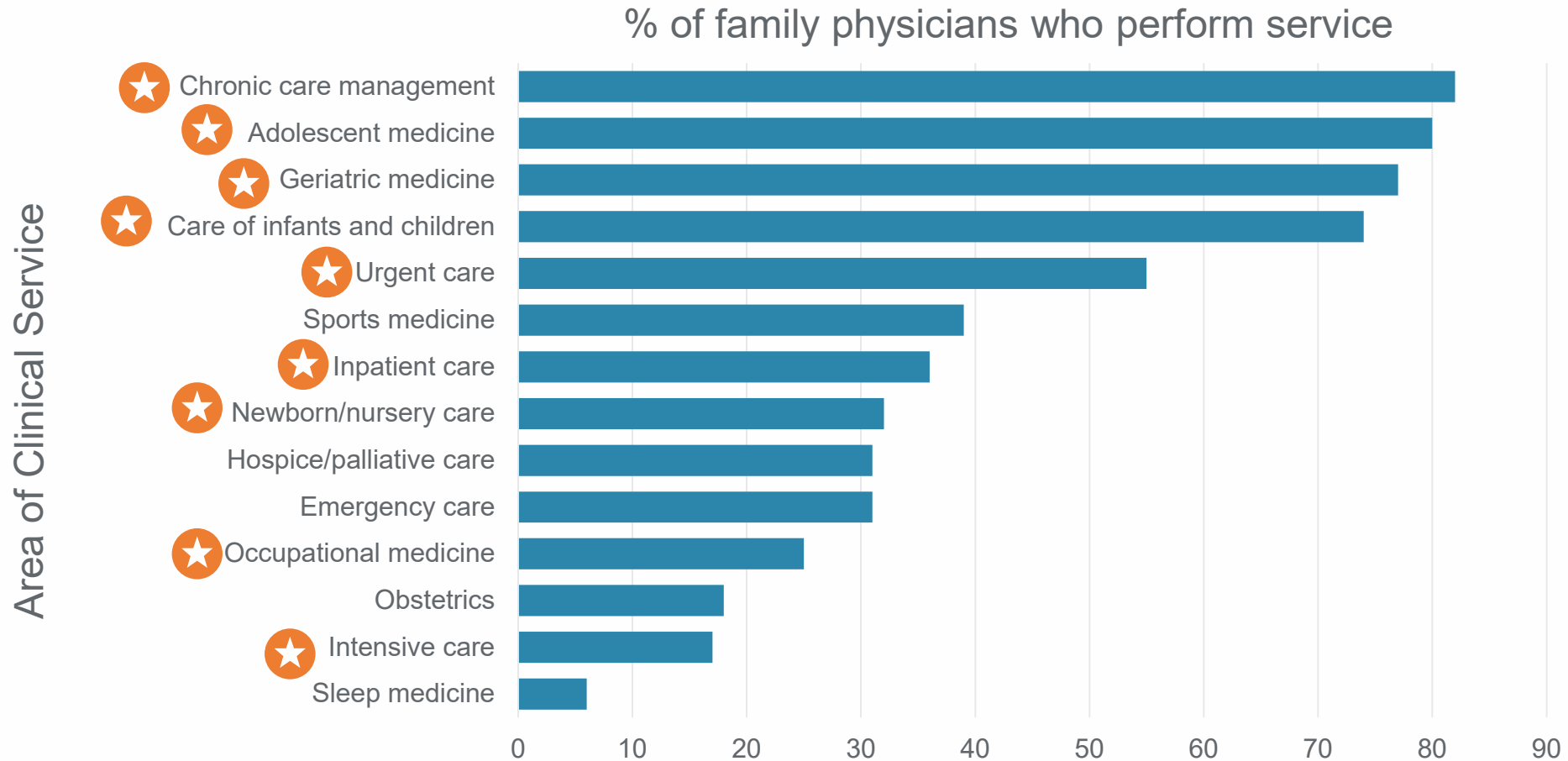
Family Physicians Specialize in Care for All



Source: AAFP, Family Medicine Facts. American Academy of Family Physicians Demographic Data Collection Survey, December 31, 2018. Accessed May 2021.

★ Types of work I've been able to do in my career.

Family Physicians Specialize in Care for All



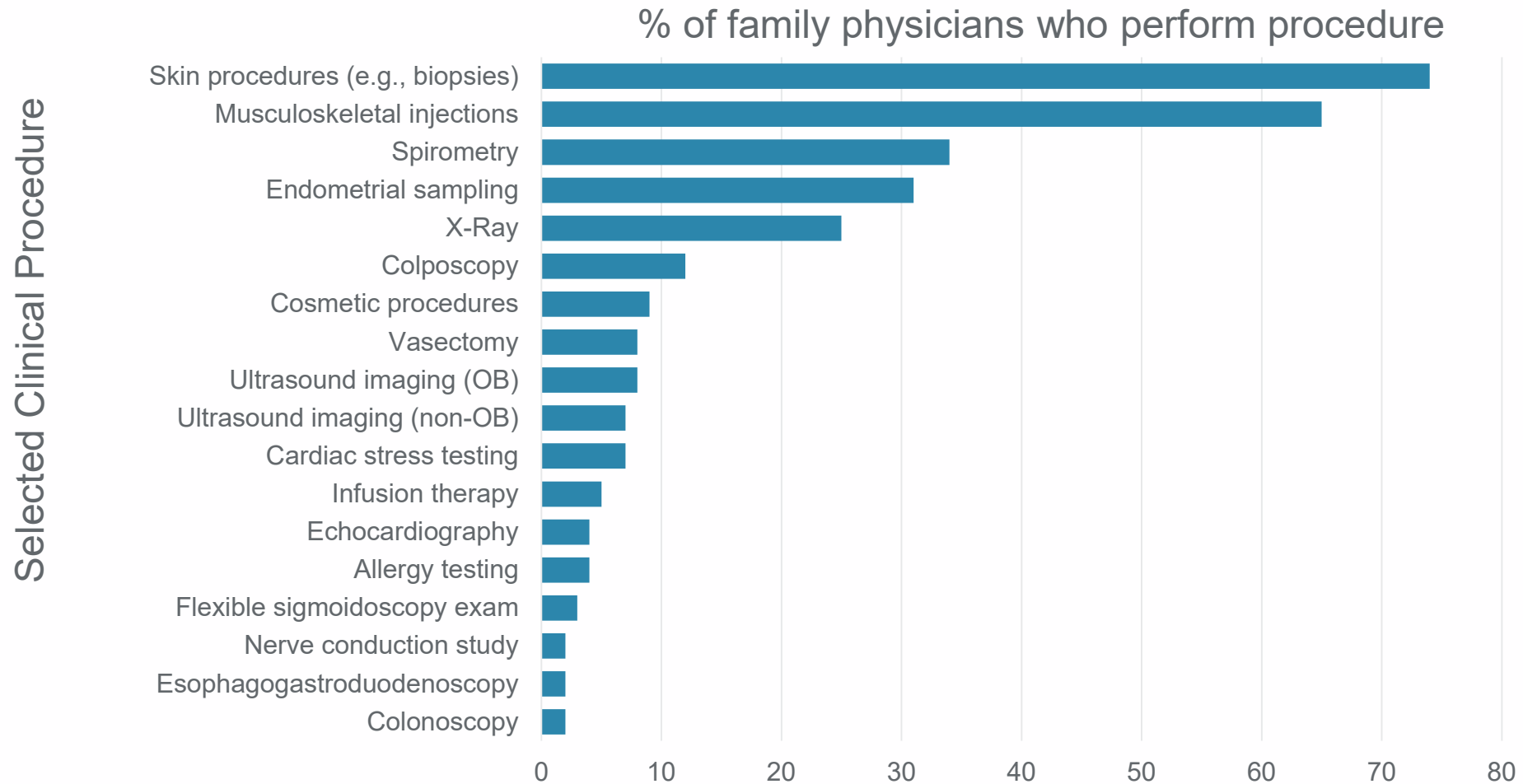
Common Diagnoses for Family Medicine

Top 10 most common primary care diagnoses

Rank	ICD-10 code	ICD-10 description	% of total primary care diagnoses in U.S.	% of total primary care charges in U.S.
1	I10	Essential (primary) hypertension	5.5%	2.1%
2	E785	Hyperlipidemia, unspecified	2.4%	2.1%
3	Z0000	Encounter for general adult medical examination without abnormal findings	2.0%	0.1%
4	Z23	Encounter for immunization	1.6%	0.1%
5	E119	Type 2 diabetes mellitus without complications	1.6%	0.6%
6	E782	Mixed hyperlipidemia	1.3%	0.2%
7	E039	Hypothyroidism, unspecified	1.2%	0.7%
8	K219	Gastro-esophageal reflux disease without esophagitis	1.1%	0.9%
9	E559	Vitamin D deficiency, unspecified	1.0%	0.1%
10	Z20822	Contact with and (suspected) exposure to COVID-19	0.9%	2.4%

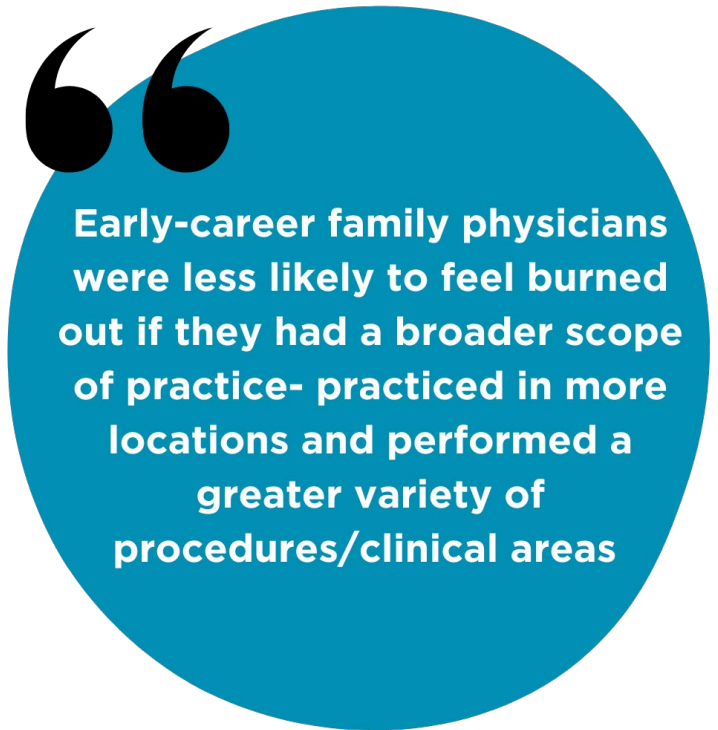
Fig. 1 Data from the Definitive Healthcare's **Atlas All-Payer Claims** product for the calendar year 2022. Claims data is sourced from multiple medical claims clearinghouses in the United States and updated monthly. Accessed August 2023.

Family Medicine and Procedures



The Value of Delivering Multi-generational Care

- ✓ Long-Term Relationships
- ✓ Personal & Professional Satisfaction
- ✓ Career Flexibility
- ✓ Contributing to Community Well-being
- ✓ Lifelong Learning & Growth



Early-career family physicians were less likely to feel burned out if they had a broader scope of practice- practiced in more locations and performed a greater variety of procedures/clinical areas

What if I Have an Area of Interest?

*Selected Fellowships for Family Medicine Graduates

Addiction medicine	Integrative medicine
Adolescent medicine	International/global health
Behavioral medicine	Obstetrics (including surgery)
Clinical informatics	Pain medicine
Community medicine	Preventive medicine
Emergency medicine	Research
Faculty development	Rural medicine
Geriatric medicine	Sleep medicine
Health policy	Sports medicine
Hospice/palliative care	Substance abuse
Hospitalist medicine	Urgent care
HIV/AIDS care	Women's health

- 20+ Fellowship Options*
- Certificates of Added Qualification

What Can I do With a Career in Family Medicine?

- Office practices
- Hospitals
- Nursing homes
- Community health centers
- Urgent care centers
- Emergency rooms
- University-based health centers
- Teaching centers/programs
- Urgent Care
- Telemedicine
- Schools/ Universities
- Health care system leadership
- Government
- Public Health
- Policy
- Research



Family Medicine's Future

- Growing salary & job market
- Increasing demand
- Health care reform emphasizing primary care
- Population & Community Health with focus on addressing health disparities and delivering inclusive care
- Urban centers will have higher populations
- Population is aging
- High tech, high touch skillset shaping care delivery
- “Chronic care will unseat acute care”



FM Champions: An Opportunity

**Cohort 2 — High school and college educators and advisors



CME

Family Physician

Med Student & Resident

Events

Membership

Advocacy

News



AAFP / Membership / Key Initiatives / Family Medicine Champions



Family Medicine Champions

Connect with your passion, your community, and your purpose and help shape the future of family medicine!

This certificate-granting program prepares participants to educate aspiring health care workers about the bright future of family medicine.

As a foundation of the AAFP's priority to strengthen pathways to family medicine, the program will prepare individuals to connect with students, and those who support them, to shed light on what it *really* means to be a family physician.



<https://bit.ly/FMChamps>

Be among the first to participate! [Register](#) by December 15.

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